

Official BDFPA Score Sheet (V13.1)

Date of Comp - 12th June 2017 Organiser - Dean Roberts

Competition - Welsh Open Powerlifting

British Record		European Record				World Record				MPF World Record				Divisional Record				Drug Tested				Calibrated Scales and Weights Used YES				
Age Cat	Wt Class	Age	Body Weight	UN/ EQ	F/M	DIV	Name	SQUAT				BENCH				DEADLIFT				Total	QUALIFY REQ	Co eff.	Points	Place Class	Place Cat	Best Lifter
								1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift							
Open	47.50	34	47.4	UN	F	Wal	Frances Evans	60.0 kg	65.0 kg	70.0 kg		40.0 kg	45.0 kg	50.0 kg		90.0 kg	100.0 kg	110.0 kg		220.0 kg	185	1.04410	229.7020	1	1	
Open	50.50	37	50.1	UN	F	Wal	Angharad Bevan	77.5 kg	85.0 kg	87.5 kg		45.0 kg	47.5 kg	47.5 kg		95.0 kg	105.0 kg	110.0 kg		235.0 kg	192.5	0.99840	234.6240	1	1	
M1	50.50	44	49.8	UN	F	Wal	Joanne Creese	80.0 kg	90.0 kg	95.0 kg		35.0 kg	40.0 kg	45.0 kg		80.0 kg	90.0 kg	95.0 kg		210.0 kg	182.5	1.00330	210.6930	2	1	
Jnr	53.00	23	51.3	UN	F	Wal	Kayley Phillips	77.5 kg	82.5 kg	82.5 kg		35.0 kg	37.5 kg	40.0 kg		115.0 kg	122.5 kg	127.5 kg		245.0 kg	182.5	0.97930	239.9285	1	1	
Open	55.50	29	54.4	UN	F	Wal	Aimee Thompson	80.0 kg	85.0 kg	87.5 kg		42.5 kg	45.0 kg	47.5 kg		120.0 kg	125.0 kg	130.0 kg		255.0 kg	210	0.93330	237.9915	1	1	
M2	63.00	46	62.2	UN	F	Wal	Catherine Charlton	80.0 kg	90.0 kg	100.0 kg		52.5 kg	55.0 kg	57.5 kg		130.0 kg	140.0 kg	150.0 kg		297.5 kg	212.5	0.83470	248.3233	1	1	Best Unequipped Female Powerlifter Best Unequipped Female Powerlifter (Masters)
Open	63.00	29	62.0	UN	F	Wal	Kate Skelley	87.5 kg	95.0 kg	100.0 kg		47.5 kg	50.0 kg	55.0 kg		125.0 kg	130.0 kg	140.0 kg		285.0 kg	235	0.83700	238.5450	2	2	
Open	63.00	28	61.9	UN	F	Wal	Louise Upson	77.5 kg	77.5 kg	85.0 kg		45.0 kg	47.5 kg	50.0 kg		90.0 kg	95.0 kg	100.0 kg		225.0 kg	235	0.83810	188.5725	3	3	
Jnr	70.00	20	68.0	UN	F	Wal	Madeline Elliott	80.0 kg	90.0 kg	90.0 kg		52.5 kg	57.5 kg	62.5 kg		100.0 kg	107.5 kg	112.5 kg		250.0 kg	232.5	0.77370	193.4250	1	1	
Jnr	70.00	22	68.8	UN	F	Wal	Sophie Matthews	70.0 kg	77.5 kg	80.0 kg		40.0 kg	45.0 kg	47.5 kg		100.0 kg	107.5 kg	112.5 kg		232.5 kg	232.5	0.76740	178.4205	2	2	
Open	80.00	37	75.0	UN	F	Wal	Caryl Owen	80.0 kg	90.0 kg	100.0 kg		45.0 kg	50.0 kg	57.5 kg		90.0 kg	100.0 kg	105.0 kg		255.0 kg	282.5	0.72160	184.0080	1	1	
Open	80.00	24	77.0	UN	F	Wal	Vanessa Develter	70.0 kg	75.0 kg	80.0 kg		45.0 kg	50.0 kg	50.0 kg		112.5 kg	117.5 kg	122.5 kg		247.5 kg	282.5	0.70800	175.2300	2	2	
M2	80.00	46	72.4	UN	F	Wal	Gail Olsen	70.0 kg	70.0 kg	80.0 kg		50.0 kg	55.0 kg	57.5 kg		80.0 kg	85.0 kg	100.0 kg		212.5 kg	255	0.74010	157.2713	3	1	
M1	90+	44	105.3	UN	F	Wal	Polly Thompson	140.0 kg				55.0 kg	60.0 kg	60.0 kg		180.0 kg	192.5 kg	195.0 kg		395.0 kg	310	0.58280	230.2060	1	1	
Open	67.50	25	66.0	UN	M	Wal	Marl Mallon Barbosa	157.5 kg	162.5 kg	170.0 kg		85.0 kg	92.5 kg	95.0 kg		187.5 kg	202.5 kg	210.0 kg		472.5 kg	417.5	0.74080	350.0280	1	1	
Jnr	67.50	22	66.0	UN	M	Wal	Elliott Davies	117.5 kg	122.5 kg	130.0 kg		85.0 kg	95.0 kg	95.0 kg		125.0 kg	130.0 kg	140.0 kg		355.0 kg	375	0.74080	262.9840	2	1	
Open	75.00	26	75.0	UN	M	Wal	Luke Phillips	192.5 kg	210.0 kg	210.0 kg		120.0 kg	125.0 kg	130.0 kg		215.0 kg	230.0 kg	242.5 kg		565.0 kg	457.5	0.66450	375.4425	1	1	Best Unequipped Male Powerlifter
Open	75.00	29	73.4	UN	M	Wal	Michael Elias	155.0 kg	165.0 kg	175.0 kg		102.5 kg	107.5 kg	112.5 kg		210.0 kg	220.0 kg	230.0 kg		507.5 kg	457.5	0.67600	343.0700	2	2	
Jnr	75.00	23	72.6	EQ	M	Wal	Robert Williams	120.0 kg	140.0 kg	150.0 kg		110.0 kg	115.0 kg	115.0 kg		160.0 kg	175.0 kg	190.0 kg		445.0 kg	452.5	0.68200	303.4900	1	1	Best Equipped Male Powerlifter
Open	75.00	27	71.5	UN	M	Wal	Denzil Turbervill	145.0 kg	155.0 kg	162.5 kg		90.0 kg	102.5 kg	105.0 kg		180.0 kg	185.0 kg	190.0 kg		442.5 kg	457.5	0.69060	305.5905	3	3	
Open	75.00	25	72.4	UN	M	Wal	Benoit Turbervill	100.0 kg	120.0 kg	125.0 kg		80.0 kg	85.0 kg	90.0 kg		150.0 kg	160.0 kg	170.0 kg		385.0 kg	457.5	0.68350	263.1475	4	4	
Open	75.00	31	71.3	UN	M	Wal	Peter D'Lima	120.0 kg	130.0 kg	140.0 kg		72.5 kg	77.5 kg	80.0 kg		150.0 kg	160.0 kg	167.5 kg		385.0 kg	457.5	0.69230	266.5355	4	4	
Open	75.00	28	70.3	UN	M	Wal	Alex Blunchar	90.0 kg	100.0 kg	110.0 kg		80.0 kg	90.0 kg	100.0 kg		150.0 kg	160.0 kg	175.0 kg		375.0 kg	457.5	0.70050	262.6875	6	6	
Jnr	82.50	22	81.8	UN	M	Wal	Thomas Drinkwater	180.0 kg	190.0 kg	195.0 kg		122.5 kg	127.5 kg	130.0 kg		210.0 kg	220.0 kg	232.5 kg		530.0 kg	440	0.62300	330.1900	1	1	
Open	82.50	24	76.2	UN	M	Wal	Jack Huggins	170.0 kg	180.0 kg	185.0 kg		120.0 kg	125.0 kg	130.0 kg		200.0 kg	210.0 kg	220.0 kg		525.0 kg	490	0.65630	344.5575	2	2	
Open	90.00	30	89.1	UN	M	Wal	Ash Lewis	190.0 kg	197.5 kg	202.5 kg		125.0 kg	130.0 kg	135.0 kg		230.0 kg	240.0 kg	247.5 kg		585.0 kg	520	0.58890	344.5065	1	1	
Open	90.00	29	89.1	UN	M	Wal	Marc James	170.0 kg	185.0 kg	200.0 kg		120.0 kg	130.0 kg	140.0 kg		200.0 kg	212.5 kg	220.0 kg		550.0 kg	520	0.58890	323.8950	2	2	
M2	90.00	48	85.4	UN	M	Wal	Ross McFarlane	140.0 kg	150.0 kg	160.0 kg		120.0 kg	130.0 kg	140.0 kg		200.0 kg	210.0 kg			500.0 kg	470	0.60500	302.5000	3	1	
Open	100.00	29	98.6	UN	M	Wal	David Littlehales	180.0 kg	185.0 kg	190.0 kg		135.0 kg	135.0 kg	140.0 kg		210.0 kg	220.0 kg	225.0 kg		545.0 kg	552.5	0.55750	303.8375	1	1	
Open	100.00	30	95.7	UN	M	Wal	Ash Cocco	122.5 kg	130.0 kg	135.0 kg		75.0 kg	80.0 kg	80.0 kg		145.0 kg	155.0 kg	162.5 kg		365.0 kg	552.5	0.56570	206.4805	2	2	
Open	100.00	28	98.7	EQ	M	Wal	Daniel Yuill	75.0 kg				155.0 kg	162.5 kg	162.5 kg		75.0 kg				305.0 kg	607.5	0.55730	169.9765	1	1	
Jnr	110.00	23	100.5	UN	M	Wal	Charles Fajemisin	220.0 kg	240.0 kg	247.5 kg		130.0 kg	140.0 kg	150.0 kg		260.0 kg	275.0 kg	275.0 kg		672.5 kg	512.5	0.55290	371.8253	1	1	
Open	110.00	32	106.6	UN	M	Wal	James Edmands	140.0 kg	155.0 kg	165.0 kg		140.0 kg	150.0 kg	150.0 kg		210.0 kg	220.0 kg	230.0 kg		525.0 kg	570	0.54110	284.0775	2	2	
Open	110.00	32	110.0	EQ	M	Wal	Huw Williams	175.0 kg	180.0 kg	182.5 kg		107.5 kg	115.0 kg	115.0 kg		190.0 kg	200.0 kg	207.5 kg		497.5 kg	627.5	0.53650	266.9088	1	1	
Open	110.00	37	106.0	UN	M	Wal	Richard Davies	50.0 kg	70.0 kg	90.0 kg		50.0 kg	57.5 kg	65.0 kg		70.0 kg	90.0 kg	120.0 kg		267.5 kg	570	0.54210	145.0118	3	3	
Open	145.00	38	135.3	UN	M	Wal	Mark Searle	175.0 kg	180.0 kg											180.0 kg	612.5	0.50860	91.5480	1	1	
0.00							Refs:												0.0 kg	#N/A	#REF!	0.0000	0	0		
0.00							Dean Roberts												0.0 kg	#N/A	#REF!	0.0000	0	0		
0.00							Phil Webley Parry												0.0 kg	#N/A	#REF!	0.0000	0	0		
0.00							Joshua Edwards												0.0 kg	#N/A	#REF!	0.0000	0	0		
0.00							Dan Yuill												0.0 kg	#N/A	#REF!	0.0000	0	0		
0.00							Kat Zlamalova Brown												0.0 kg	#N/A	#REF!	0.0000	0	0		
0.00							Mathew Kidner												0.0 kg	#N/A	#REF!	0.0000	0	0		