

Official BDFPA Score Sheet (V13.6)

Date of Comp: 31/03/2019 Organiser:

South East Full Power - Merton Weightlifting Club																																		
Division		British Record					European Record					World Record				MPF World Record				Divisional Record				Drug Tested				Calibrated Scales and Weights Used YES/NO						
FLT	Age Cat	Wt Class	Age	Body Weight	UN/ EQ	F/M	DIV	Name	RH	SQUAT				Best Squat	RH	BENCH				Best Bench	DEADLIFT				Best Deadlift	Total	QUALIFY REQ	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter
										1st Lift	2nd Lift	3rd Lift	4th Lift			1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift										
1	Open	53.00	34	52.6	UN	F	SE	Jamilla HASHIMI	8.0	50.0 kg	57.5 kg	60.0 kg		60.0 kg	3.5	40.0 kg	42.5 kg	45.0 kg		42.5 kg	80.0 kg	82.5 kg	85.0 kg		85.0 kg	187.5 kg	202.5	0.95950	179.9063	1.000	179.9063	3	3	
1	Open	53.00	27	51.0	UN	F	SE	Abigail RALPH	6.0	75.0 kg	85.0 kg	92.5 kg		85.0 kg	4.5	40.0 kg	45.0 kg	45.0 kg		40.0 kg	90.0 kg	95.0 kg	100.0 kg		100.0 kg	225.0 kg	202.5	0.98400	221.4000	1.000	221.4000	2	2	
1	M2	50.50	45	50.2	UN	F	SE	Sere MASSIDDA	5.5	75.0 kg	82.5 kg	90.0 kg		82.5 kg	3.5	37.5 kg	40.0 kg	42.5 kg		42.5 kg	90.0 kg	100.0 kg	100.0 kg		90.0 kg	215.0 kg	172.5	0.99680	214.3120	1.060	227.1707	1	1	
1	M1	55.50	43	54.8	UN	F	SE	Victoria ONG	6.0	85.0 kg	90.0 kg	95.0 kg		95.0 kg	3.5	45.0 kg	50.0 kg	52.5 kg		50.0 kg	90.0 kg	100.0 kg	105.0 kg		105.0 kg	250.0 kg	200	0.92770	231.9250	1.028	238.4189	3	1	
1	Jnr	53.00	22	52.6	UN	F	EC	Olivia BUSBY	5.0	82.5 kg	87.5 kg	92.5 kg		92.5 kg	3.5	52.5 kg	57.5 kg	60.0 kg		60.0 kg	95.0 kg	102.5 kg	110.0 kg		110.0 kg	262.5 kg	182.5	0.95950	251.8688	1.000	251.8688	1	1	
1	Open	58.50	31	57.4	UN	F	SE	Helena DEMETRIOU	6.0	80.0 kg	85.0 kg	95.0 kg		80.0 kg	3.0	45.0 kg	47.5 kg	52.5 kg		47.5 kg	115.0 kg	122.5 kg	125.0 kg		125.0 kg	252.5 kg	220	0.89280	225.4320	1.000	225.4320	2	2	
1	Open	55.50	28	54.0	UN	F	SE	Fern REAY	5.0	87.5 kg	92.5 kg	97.5 kg		97.5 kg	3.0	47.5 kg	50.0 kg	52.5 kg		52.5 kg	120.0 kg	125.0 kg	130.0 kg		130.0 kg	280.0 kg	210	0.93900	262.9200	1.000	262.9200	2	2	
1	Open	55.50	27	54.0	UN	F	SE	Megan CHESTERS	7.0	95.0 kg	97.5 kg	100.0 kg		97.5 kg	3.5	55.0 kg	57.5 kg	60.0 kg		60.0 kg	125.0 kg	130.0 kg	132.5 kg		132.5 kg	290.0 kg	210	0.93900	272.3100	1.000	272.3100	1	1	Best Unequipped Female Powerlifter
1	Jnr	58.50	23	57.6	UN	F	SE	Wendy BARNES	4.0	95.0 kg	100.0 kg	102.5 kg		100.0 kg	3.0	50.0 kg	52.5 kg	55.0 kg		55.0 kg	127.5 kg	137.5 kg	140.0 kg		140.0 kg	295.0 kg	197.5	0.89020	262.6090	1.000	262.6090	1	1	
2	M3	63.00	53	62.6	UN	F	SE	Dione WILSHER	7.0	40.0 kg	45.0 kg	50.0 kg		50.0 kg	6.0	30.0 kg	35.0 kg	35.0 kg		35.0 kg	90.0 kg	100.0 kg	110.0 kg		100.0 kg	185.0 kg	202.5	0.83020	153.5870	1.207	185.3795	2	1	
2	Open	63.00	34	62.6	UN	F	SE	Ayaka HASHIMOTO	6.0	77.5 kg	80.0 kg	85.0 kg		85.0 kg	3.5	45.0 kg	47.5 kg	47.5 kg		47.5 kg	100.0 kg	107.5 kg	115.0 kg		107.5 kg	240.0 kg	235	0.83020	199.2480	1.000	199.2480	1	1	
2	Open	80.00	29	80.0	UN	F	SE	Olympia ELLINAS	7.0	75.0 kg	85.0 kg	90.0 kg		90.0 kg	3.5	52.5 kg	57.5 kg	60.0 kg		57.5 kg	105.0 kg	110.0 kg	115.0 kg		115.0 kg	262.5 kg	282.5	0.68850	180.7313	1.000	180.7313	5	5	
2	Jnr	80.00	22	73.8	UN	F	SE	Melissa ADAMS	7.0	85.0 kg	90.0 kg	95.0 kg		95.0 kg	4.0	45.0 kg	45.0 kg	50.0 kg		50.0 kg	110.0 kg	115.0 kg	120.0 kg		120.0 kg	265.0 kg	255	0.73010	193.4765	1.000	193.4765	4	1	
2	T1	80.00	15	70.6	UN	F	SE	Orla MANCHESTER	8.5	85.0 kg	92.5 kg	100.0 kg		100.0 kg	6.0	40.0 kg	45.0 kg	47.5 kg		45.0 kg	115.0 kg	122.5 kg	127.5 kg		122.5 kg	267.5 kg	187.5	0.75350	201.5613	1.000	201.5613	3	1	
2	Open	80.00	36	74.2	UN	F	SE	Tessa CLARK	6.0	85.0 kg	92.5 kg	100.0 kg		100.0 kg	3.5	40.0 kg	45.0 kg	50.0 kg		50.0 kg	120.0 kg	130.0 kg	140.0 kg		130.0 kg	280.0 kg	282.5	0.72720	203.6160	1.000	203.6160	2	2	
2	Open	80.00	28	73.0	UN	F	SE	Claire NEWMAN	10.0	95.0 kg	95.0 kg	100.0 kg		95.0 kg	5.0	42.5 kg	45.0 kg	45.0 kg		45.0 kg	135.0 kg	140.0 kg	145.0 kg		145.0 kg	285.0 kg	282.5	0.73580	209.7030	1.000	209.7030	1	1	Best Unequipped Female Bench
2	M4	70.00	56	70.0	UNB	F	SE	Elizabeth MERRICK	0.0							5.0	45.0 kg	47.5 kg	50.0 kg		47.5 kg					47.5 kg	40	0.75810	36.0098	1.273	45.8404	1	1	Best Unequipped Female Bench
3	Open	75.00	30	70.8	UN	M	SE	Alasdair STEWART	9.0	110.0 kg	115.0 kg	120.0 kg		120.0 kg	4.5	70.0 kg	72.5 kg	77.5 kg		77.5 kg	122.5 kg	135.0 kg	137.5 kg		137.5 kg	335.0 kg	457.5	0.69640	233.2940	1.000	233.2940	2	2	
3	M7	67.50	74	64.0	UNB	M	SE	Harry MACKINTOSH	0.0												130.0 kg	140.0 kg	150.0 kg		150.0 kg	160.0 kg	102.5	0.76250	114.3750	1.860	212.7375	1	1	Best Unequipped Male Deadlift
3	T3	90.00	18	87.0	UN	M	SE	Robin WILKEN	10.0	130.0 kg	135.0 kg	140.0 kg		140.0 kg	6.0	80.0 kg	85.0 kg	90.0 kg		90.0 kg	145.0 kg	150.0 kg	155.0 kg		155.0 kg	385.0 kg	420	0.59780	230.1530	1.000	230.1530	3	1	
3	T3	75.00	18	73.2	UN	M	SE	Luca WEISSBECK	9.0	135.0 kg	135.0 kg	145.0 kg		135.0 kg	5.5	80.0 kg	87.5 kg	92.5 kg		92.5 kg	150.0 kg	162.5 kg	170.0 kg		162.5 kg	390.0 kg	372.5	0.67740	264.1860	1.000	264.1860	1	1	
3	Open	82.50	34	77.8	UN	M	SE	Ross MOONEY	8.0	160.0 kg	175.0 kg	180.0 kg		180.0 kg	5.0	100.0 kg	105.0 kg	110.0 kg		110.0 kg	175.0 kg	190.0 kg	202.5 kg		190.0 kg	480.0 kg	490	0.64610	310.1280	1.000	310.1280	1	1	
3	Open	90.00	29	88.8	UN	M	SE	Patrick CLOSE	9.0	190.0 kg	200.0 kg	200.0 kg		190.0 kg	5.0	130.0 kg	140.0 kg	145.0 kg		145.0 kg	227.5 kg	240.0 kg			227.5 kg	562.5 kg	520	0.59010	331.9313	1.000	331.9313	2	2	
3	Open	110.00	32	107.6	UN	M	SE	Scott LOMAS	11.0	190.0 kg	210.0 kg	210.0 kg		190.0 kg	6.0	130.0 kg	142.5 kg	142.5 kg		142.5 kg	227.5 kg	240.0 kg			227.5 kg	655.0 kg	570	0.53960	0.0000	1.000	0.0000	0	0	Best Unequipped Male Powerlifter
3	Open	90.00	32	88.4	UN	M	SE	Daniel HARRIS	8.0	210.0 kg	225.0 kg	240.0 kg		240.0 kg	5.5	145.0 kg	155.0 kg	160.0 kg		155.0 kg	260.0 kg	280.0 kg			260.0 kg	655.0 kg	520	0.59180	387.6290	1.000	387.6290	1	1	

Refs

Steve Van Kempen
Pat Reeves
Alana Pash
Joshua Batterham

Loaders

Merton Weightlifting Team

Drug Testing

Schelle Byer (DOCT)