

Official BDFPA Score Sheet (V13.7)

Date of Comp: 27th January 2019 Organiser: Richard Bremner

South West Qualifier, Synergy Barbell, Weston-super-Mare

British Record		European Record					World Record			MPF World Record				Divisional Record				Drug Tested				Calibrated Scales and Weights Used YES				
Age Cat	Wt Class	Age	Body Weight	UN/EQ	F/M	DIV	Name	SQUAT				BENCH				DEADLIFT				Total	QUALIFY REQ	Co eff.	Points	Place Class	Place Cat	Best Lifter
								1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift							
Open	82.50	24	76.6	EQ	M	SW	Josh Needs	152.5 kg	162.5 kg	170.0 kg		90.0 kg	95.0 kg	97.5 kg		200.0 kg	210.0 kg	217.5 kg		477.5 kg	540	0.65370	312.1418	1	1	Best Equipped Male Powerlifter
Open	53.00	24	51.6	UN	F	SW	Alicia Stephens	72.5 kg	77.5 kg	82.5 kg		30.0 kg	35.0 kg	40.0 kg		90.0 kg	97.5 kg	97.5 kg		207.5 kg	202.5	0.97470	202.2503	1	1	
Open	58.50	25	57.2	UN	F	SW	Steph Ford	115.0 kg	120.0 kg	125.0 kg		65.0 kg	70.0 kg	75.0 kg		120.0 kg	127.5 kg	132.5 kg		332.5 kg	220	0.89540	297.7205	1	1	Best Unequipped Female Powerlifter
T3	58.50	19	58.2	UN	F	SW	Hannah Palmer	97.5 kg	102.5 kg	106.0 kg		45.0 kg	47.5 kg	50.0 kg		120.0 kg	125.0 kg	130.0 kg	132.5 kg	285.0 kg	177.5	0.88250	251.5125	2	1	
Open	58.50	29	55.6	UN	F	SW	Jo Barwell	80.0 kg	85.0 kg	90.0 kg		42.5 kg	45.0 kg	47.5 kg		115.0 kg	122.5 kg	130.0 kg		267.5 kg	220	0.91670	245.2173	3	3	
Open	63.00	30	61.2	UN	F	SW	Charlotte Harris	100.0 kg	110.0 kg	115.0 kg		50.0 kg	55.0 kg	57.5 kg		125.0 kg	135.0 kg	140.0 kg		300.0 kg	235	0.84620	253.8600	1	1	
T3	63.00	19	61.6	UN	F	SW	Emily Butler	95.0 kg	100.0 kg	107.0 kg		42.5 kg	45.0 kg	47.5 kg		122.5 kg	130.0 kg	140.0 kg		275.0 kg	192.5	0.84150	231.4125	2	1	
Open	70.00	28	68.6	UN	F	SW	Grace Hall	82.5 kg	87.5 kg	90.0 kg		65.0 kg	70.0 kg	72.5 kg		127.5 kg	135.0 kg	142.5 kg		305.0 kg	257.5	0.76890	234.5145	1	1	
M3	70.00	51	66.0	UN	F	SW	Alison Frost	50.0 kg	55.0 kg	60.0 kg		40.0 kg	42.5 kg	45.0 kg		95.0 kg	102.5 kg	110.0 kg		215.0 kg	220	0.79380	170.6670	2	1	
Open	75.00	30	73.4	UN	M	SW	Matthew Smallcombe	165.0 kg	175.0 kg	182.5 kg		110.0 kg	115.0 kg	120.0 kg		177.5 kg	185.0 kg	192.5 kg		480.0 kg	457.5	0.67600	324.4800	1	1	
Open	80.00	30	73.8	UN	F	SW	Suzanne Crawford	100.0 kg	100.0 kg	110.0 kg		70.0 kg	75.0 kg	80.0 kg		150.0 kg	155.0 kg	155.0 kg		335.0 kg	282.5	0.73010	244.5835	1	1	
Open	80.00	30	78.2	UN	F	SW	Emily Morey	95.0 kg	95.0 kg	95.0 kg		52.5 kg	52.5 kg	52.5 kg		110.0 kg	117.5 kg	122.5 kg		122.5 kg	282.5	0.70010	85.7623	2	2	
Open	82.50	31	82.0	UN	M	SW	Lewis Brian	210.0 kg	220.0 kg	225.0 kg		140.0 kg	147.5 kg	152.5 kg		240.0 kg	255.0 kg	262.5 kg	270.0 kg	635.0 kg	490	0.62190	394.9065	1	1	Best Unequipped Male Powerlifter
Open	82.50	37	79.0	UN	M	SW	Jonathan Clarke	175.0 kg	185.0 kg	192.5 kg		95.0 kg	100.0 kg	105.0 kg		215.0 kg	225.0 kg	230.0 kg		527.5 kg	490	0.63880	336.9670	2	2	
Open	82.50	28	80.8	UN	M	SW	Stephen Thomas	155.0 kg	160.0 kg	167.5 kg		100.0 kg	107.5 kg	110.0 kg		200.0 kg	212.5 kg	217.5 kg		490.0 kg	490	0.62840	307.9160	3	3	
M4	82.50	57	78.6	UN	M	SW	Mark Wilson	115.0 kg	130.0 kg	140.0 kg		85.0 kg	90.0 kg	95.0 kg		150.0 kg	165.0 kg	172.5 kg		407.5 kg	400	0.64120	261.2890	4	1	
Open	90.00	39	87.2	UN	M	SW	Shelomi Douglas	200.0 kg	215.0 kg	215.0 kg		127.5 kg	Pass	Pass		270.0 kg	285.0 kg	300.0 kg		627.5 kg	520	0.59690	374.5548	1	1	
Open	90.00	25	89.2	UN	M	SW	Samuel Webb-Wood	175.0 kg	175.0 kg	182.5 kg		120.0 kg	127.5 kg	132.5 kg		240.0 kg	250.0 kg	255.0 kg		552.5 kg	520	0.58850	325.1463	2	2	
Jnr	90.00	23	88.8	UN	M	SW	Shane Larkin	130.0 kg	140.0 kg	150.0 kg		80.0 kg	85.0 kg	Pass		160.0 kg	175.0 kg	182.5 kg		395.0 kg	467.5	0.59010	233.0895	3	1	
Open	125.00	29	119.0	UN	M	SW	Thomas Ward	210.0 kg	220.0 kg	230.0 kg		110.0 kg	115.0 kg	120.0 kg		220.0 kg	235.0 kg	240.0 kg		585.0 kg	585	0.52790	308.8215	1	1	
Open	70.00	30	69.4	UNB	F		Melanie Haslam					70.0 kg	75.0 kg	77.5 kg						77.5 kg	50	0.76270	59.1093	1	1	Best Unequipped Female Bench
Open	70.00	30	69.4	UND	F		Melanie Haslam									181.0 kg	187.5 kg	190.0 kg		187.5 kg	110	0.76270	143.0063	1	1	Best Unequipped Female Deadlift

Refs
 Russell Martin
 Richard Bremner
 Mark Ratenberry
Score Desk
 Charlotte Hodgkiss

Loaders
 Ashley Cutter
 Adam Harding
 Lewis Jones