

British Powerlifting Championships - The Palace, Tamworth - 5th & 6th May 2007

E/UE	Cat.	Name	Div	B Wgt	Age	Squat	4th	Bench	4th	D/Lift	4th	Total	Points	Place	
UE	47.5	Pat Reeves	WM	46	M5	40		32.5		100*		172.5*	184.47	1	
	58.5	Helen Isaac	NW	57.8	Snr	90		67.5		142.5		300	266.28	1	
	63	Melanie Golding	SE	62.95	M2	102.5*		60*		147.5*		310*	255.97	1	
	70	Jordana Freemantle	WM	67	Jnr	135*		75*		165*		375*	293.89	1	
	52	Shaun Hanoman	NW	51.2	T1	90*		47.5*		120*		257.5*	249.52	1	
	67.5		Stuart Ford	EC	66.6	Snr	180		135		220		535	393.06	1
			Peter Bedford	SC	67.5	M1	170		122.5		200		492.5	357.46	2/1
			Tommy Meredith	SW	66.7	M3	170*		122.5*		195		487.5*	357.68	3/1
			Simon Almond	NW	65.7	Snr	145		115		170		430	319.88	4/2
			Paul Rogerson	EM	65.8	M2	142.5		95		190		427.5	317.59	5/1
			Gabinder Cheema	WM	66.6	Snr	135		102.5		175		412.5	303.06	6/3
			Paul Rutherford	SCO	66.6	Snr	140		110		160		410	301.23	7/4
			Darren Bell	SCO	67.5	T1	142.5*		81	85*	185*		407.5*	295.76	8/1
			Hadley Bell	EC	65.3	T2	123*	130x	65		171*	180.5x	357.5*	267.45	9/1
			Tom Johnston	EC	64.9	M7	85		70		150		305	229.48	10/1
		Hajinder Mundy	WM	67.4	T2	122.5	125x	DQ		n/a		n/a	n/a	n/a	
	75		Steve Wilkinson	EM	74.3	Jnr	180		112.5		232.5*		525	351.44	1
			Gordon Lyon	SCO	74.4	Snr	155		135		205		495	331.01	2/1
			Felix Awuku	SC	70.5	M2	180		80		230		490	342.46	3/1
			Gary Munks	NE	73	Snr	160		107.5		222.5		490	332.66	4/2
			Laurie Constantin	EM	74.8	M1	155		115		207.5		477.5	317.97	5/1
			Peter Roberts	NW	72.6	M3	162.5		110		190*	195x	462.5	315.43	6/1
			Ben Taylor	SC	71.4	Snr	130		115		212.5		457.5	316.32	7/3
			David Wilson	EM	72.3	M1	155		117.5		180		452.5	309.65	8/2
	82.5		Baljit Cheema	WM	70	T3	140		100		200	208x	440	309.36	9/1
			Stephen Baker	NW	81.2	Snr	210		140		260		610	381.98	1
			Garry Bridges	WM	81.8	Snr	220		127.5		240		587.5	366.01	2
			Rob Hall	SC	80.6	M1	197.5	201*	135		237.5		570*	358.82	3/1
			Matt Rowe	SC	82.3	Snr	197.5		140		230		567.5	352.02	4/3
			Abdul Miah	NE	78.9	Jnr	190		138*		230		557.5	356.47	5/1
			Shaun Jakeman	WM	81.9	M1	200		137.5		220		557.5	346.99	6/2
			Lewis Graddon	WAL	79.1	Jnr	185		115		240		540	344.63	7/2
		Darren Crocombe	SW	79.3	Snr	155		140		220		515	328.06	8/4	
		Graham Edwards	SW	77.8	M2	155		135		200		490	316.59	9/1	
		Artur Belimenko	WM	82.3	Jnr	160		120		200		480	297.74	10/3	
		George Reid	SCO	82	T2	132.5		80		170		387.5	240.99	11/1	
	Eric West	SE	82.4	M6	132.5		90		150		372.5	230.88	12/1		
	Chris Protheroe	WAL	81.7	Snr	210		137.5		240x		n/a	n/a	n/a		

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UE	90	Andy Bonner	SC	89.3	M3	237.5*		165*	282.5*	685*	402.85	1
		Victor Golding	WM	86.6	Snr	240		170	250	660	395.67	2/1
		Mark Lowe	SW	90	Snr	235		170	250	655	383.37	3/2
		Liam Armstrong	SCO	89.9	Jnr	221*		140	230	590	345.56	4/1
		Jean P Uldemolins	SE	89.4	Snr	210		130	230	577.5	339.40	5/3
		Adam La Frenais	SC	88.4	Jnr	170		120	260	550	325.49	6/2
		Paul Golding	SE	87.1	M1	200		120	210	530	316.57	7/1
		Darren Gardener	WAL	89.6	Snr	180		127.5	215	522.5	306.66	8/4
		Liam Allison	WM	88.3	T3	177.5*	185*	110	233*	520	307.94	9/1
	Andy Davies	NW	89.4	M5	170		110	210	490	287.97	10/1	
	100	Simon Marshall	EM	98.7	Snr	255		185*	290	730	406.83	1
		Terry Jex	SC	96.8	M3	230		152.5	291*	672.5	378.21	2/1
		Andrew Green	SC	96.7	M2	205		130	255	590	331.99	3/1
		Jamie Allonby	NE	91.8	Snr	190		140	250	580	335.59	4/2
		Mike Bailey	SW	98.5	M1	190		156*	232.5	577.5	322.13	5/1
		Fred Greenall	NW	99.6	Jnr	180		140*	220	540	299.7	6/1
		Andrew Milner	NW	96	M2	162.5		112.5	170	445	251.34	7/2
	110	Chris Jones	WAL	109.4	Snr	250		190	292.5	732.5	393.50	1
		Les Pilling	NW	109.9	M3	250		150	280	680	364.89	2/1
		Kevin Trueman	WM	103.3	M1	230		152.5	275*	657.5	359.59	3/1
		David Holloway	SC	109.4	M1	222.5		142.5	252.5	617.5	331.72	4/2
		Ben Craig	WM	108.7	Snr	210		150	250	610	328.24	5/2
		Paul Gillard	EM	101.9	Snr	190		145	270	605	332.57	6/3
		Russell Birkett	NW	108.8	Jnr	222.5*		117.5	222.5	562.5*	302.63	7/1
		Mike Leadbetter	NW	109.9	M4	150		142.5*	247.5	540	289.76	8/1
	Ronnie Simpson	SCO	104.8	M5	190*		110*	215*	515*	280.21	9/1	
	125	Phil Laing	NM	120.5	M1	237.5		172.5	292.5	702.5*	369.87	1
		David Evans	WAL	123.2	Snr	245		170	255	670	350.75	2/1
		Dean Allison	WM	117.5	Jnr	217.5*		142.5	260*	620*	328.10	3/1
		John Stokes	NE	122.4	M1	200		137.5	227.5	565	296.34	4/2
George Carter		SC	118.2	T3	180		125*	240*	545*	288.09	5/1	
Mark Bolton		NW	113.7	M2	175		120	215	510	271.63	6/1	
Shaun Grant		WM	124.7	Jnr	215		170	-	n/a	n/a	n/a	
145	Mark Haydock	NW	128.6	Snr	292.5		177.5	332.5*	802.5*	414.65	1	
	Pete Sutton	WAL	127.7	M1	280*		200	280	760	393.53	2/1	
	Chris Baker	NE	127.9	Snr	235		217.5*	285	737.5	381.66	3/2	

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E	80	Mary Anderson	SCO	73.3	Snr	155	92.5		175	422.5	309.95	1	
	90	Bernie McKinley	SCO	82.85	Snr	175*	122.5*		180*	477.5*	320.55	1	
	60	Steve Brown	NE	59.65	M2	185*	95*		210*	490*	401.07	1	
	67.5		Mike McBride	SCO	66.2	M4	200*	120*		230*	550*	406.29	1
			John McNab	SC	67.45	Jnr	150	120*	125x	180	450	326.61	2/1
	75		George Troullis	SC	74.6	M2	215*	140*		267.5*	622.5*	415.39	1
			William Brown	SCO	72.8	Snr	235	140		245	620	421.91	2/1
			Dean Mikosz	SC	74.85	Snr	230	150		200	580	386.22	3/2
	82.5		Rick Meldon	SE	81.8	M1	230	150		230	610	380.03	1
			Alex Campbell	SCO	80.45	M4	180	130		180	490	308.75	2/1
	90		Vince Sherlock	WM	88.45	Snr	260	180		250	690	408.07	1
			Steve Cook	WAL	88.55	Snr	270	167.5		250	687.5	406.59	2
			Tom Moffatt	SCO	88.4	Snr	235	157.5		245	637.5	377.27	3
			Tony Crump	SE	87.4	Snr	235	150		250	635	378.46	4
			Eddie Van Niekerk	SC	87.4	M3	270	137.5		220	627.5	373.99	5/1
			Neil Abery	EM	82.75	Snr	262.5	147.5		212.5	622.5	384.52	6/5
			Steve Maden	WAL	89.05	M1	232.5	150		240	622.5	366.84	7/1
	100		Matt Saunders	EC	99	Snr	305	217.5		335*	857.5	477.20	1
			Jules Vowles	SE	97.65	Snr	300	160		305	765	428.32	2
			Phil Nosko	SC	99.9	Snr	280	175		290	745	412.95	3
			Stuart Crichton	SCO	99.35	Snr	250	170		240	660	366.83	4
			Brian Mitchell	SC	98.55	M3	190*	130*		240*	560*	312.37	5/1
	110		Les Pilling	NW	109.6	M3	302.5*	190		295	787.5	434.62	1
		Michael Baker	NW	106.3	Snr	242.5	167.5		267.5	677.5	366.93	2/1	
		Mark Norton	NE	106.55	M1	332.5	240x		n/a	n/a	n/a	n/a	
125		Gerald Pilling	NE	124.5	Snr	330	227.5*		330	887.5	463.01	1	
		Ray Allison	WM	118.05	M3	300*	197.5*		282.5*	780*	412.46	2/1	
		Hamish Davidson	SCO	115	M3	210	150		210	570	302.90	3/2	
145	Alan Pearson	NM	126.1	Snr	270	212.5		290	772.5	401.47	1		

* Denotes British Record

Referees: Peter Bedford, David Brown, Mike Brown, Andy Davies, Mark Haydock, Terry Jex, Ian Lynch, Rob Mackereth, Rick Meldon, Mark Norton, Rasheed Patel, Les Pilling, Haydn Rowlands, Ann Thomas, Neil Thomas, George Troullis, Eric West