

East Midlands Divisional - St Albans - 27th January 2008

E/UE	Cat.	Name	Div	B Wgt	Age	Squat	Bench	D/Lift	Total	Points	Place
UE	75	Julian Bates	EM	74.4	Snr	170	110	210	490	327.66	4
		Laurie Constantin	EM	74.9	M1	140	120	195	455	302.66	5
	82.5	Steve Wilkinson	SC	81.5	Jnr	190	121	235	545	340.4	3
		David Loebell	SE	81.7	M1	150	120	207.5	477.5	297.72	6
	90	Eamon Mellon	EM	88.9	Snr	120	120	160	400	235.88	9
	100	Simon Marshall	EM	99.9	Snr	245	150	280	675	374.15	1
		Grant Rickard	SC	99.8	Jnr	180	127.5	210	517.5	286.95	7
		Lewis Rennie	EM	98.9	Snr	185	110	210	505	281.18	8
		Paul Gillard	EM	105.8	Snr	205	150	275	630	341.71	2
	E	75	Dean Mikosz	SC	74.2	Snr	210	125	200	535	358.5
82.5		Rick Meldon	SE	82.4	M1	240	130	250x	-	-	n/a
90		Neil Abery	EM	86.4	Snr	240	150	190	580	348.52	2
100		Matt Saunders	EC	99	Snr	250	125	250	625	347.81	3
Single Lifts											
E/UE	Cat.	Name	Div	B Wgt	Age	Squat	Bench	D/Lift		Points	Place
UE	70	Manon Bradley	EM	69.4	M1		60			45.76	1
	67.5	Steve Winfield	WM	63	T1		67.5			52.25	8
	75	Alex Tosh	WM	73.2	Snr		125			84.67	3
		Peter Winfield	WM	75	T3		100			66.45	5
	82.5	Jim Stringer	EM	82	M2		92.5			57.52	7
	90	Henry Tosh	WM	85.5	Snr		165			99.74	2
		Joe O'Brien	EM	87.4	Jnr		132.5			78.97	4
	100	Laurence Keen	EM	96	Snr		180			101.66	1
	110	John Bevan	EM	109.9	M5		110			59.02	6
	82.5	Jim Stringer	EM	82	M2			152.5		94.83	3
100	Paul Van Danzig	EM	98.8	Snr				222.5	123.93	2	
110	David Anderson	EM	107.6	Snr				265	142.99	1	
E	82.5	David Taylor	EM	79.1	Snr	215				137.21	1

100	Martin Green	EM	100	Snr		155		85.87	1
100	Derek Cope	EM	99.9	M2			215	119.17	1

Referees: Eric West, Frank Gubbins, John Bevan