


Official B.D.F.P.A. Championship Score Sheet

Venue & division of Competition -Sunbury Weightlifting Club - SOUTH EAST CHAMPIONSHIPS QUALIFIER

Date of comp 28/08/11

Lot	E/U/E	Name	Mem No.	Wt cat.	Body wt	Age Cat	Age	Div/Nat	Rk/H	Squat				Sub Total	Bench Press				Sub Total	Dead Lift				Total	Co eff.	Points	Place
										1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift				
												0.0 kg											0.0 kg	0.6193	0.0000		
u		RYAN RUTHERFORD		56.00	53.30	T1	14	Scot	5	70.0 kg	75.0 kg	77.5 kg		77.5 kg	32.5 kg	37.5 kg	40.0 kg		117.5 kg	85.0 kg	90.0 kg	100.0 kg		217.5 kg	0.6193	134.6978	
e		JANET SCOTT		58.50	56.00	M2	49		4	90.0 kg	90.0 kg	97.5 kg	107.5 kg	97.5 kg	47.5 kg	51.0 kg	52.5 kg	55.0 kg	150.0 kg	107.5 kg	115.0 kg	120.0 kg		270.0kg	0.6193	167.2110	
u		DEAN DAVIDSON		67.50	66.40	Jr	20		6	127.5 kg	135.0 kg	137.5 kg		135.0 kg	97.5 kg	105.0 kg	105.0 kg		235.0 kg	165.0 kg	175.0 kg	PASS		400.0 kg	0.6193	247.7200	
u		JORDAN RAINE		75.00	68.50	T1	15		7	130.0 kg	137.5 kg	142.5 kg	145.0 kg	142.5 kg	72.5 kg	77.5 kg	77.5 kg		220.0 kg	172.5 kg	182.5 kg	190.0 kg		410.0 kg	0.6193	253.9130	
u		CHRISTIAN JOHNSON		75.00	74.40	T2	17		7	145.0 kg	155.0 kg	160.0 kg		155.0 kg	92.5 kg	95.0 kg	97.5 kg		257.5 kg	185.0 kg	195.0 kg	205.0 kg		452.5 kg	0.6193	280.2333	
u		TERRY MINTY		75.00	72.10	Jr	21		8	182.5 kg	187.5 kg			182.5 kg	105.0 kg	110.0 kg	115.0 kg		297.5 kg	230.0 kg	237.5 kg	242.5 kg		540.0 kg	0.6193	334.4220	
e		DEAN MIKOZ		75.00	74.00	M1	43		5	240.0 kg	255.0 kg	260.0 kg		240.0 kg	152.5 kg	162.5 kg	170.0 kg		422.5 kg	202.5 kg	212.5 kg	217.5 kg		640.0 kg	0.6193	396.3520	
e		ANDY SHIPWAY		82.50	80.00	Open	28		5	210.0 kg	210.0 kg	220.0 kg		220.0 kg	150.0 kg	150.0 kg	155.0 kg		370.0 kg	200.0 kg	210.0 kg	217.5 kg		587.5 kg	0.6193	363.8388	
u		BEN WARD		82.50	82.40	Jr	21		7	130.0 kg	135.0 kg	140.0 kg		140.0 kg	100.0 kg	100.0 kg	105.0 kg		245.0 kg	185.0 kg	195.0 kg	205.0 kg		440.0 kg	0.6193	272.4920	
u		VINCE MINTY		82.50	82.20	M1	43		6	187.5 kg	192.5 kg	197.5 kg		197.5 kg	140.0 kg	147.5 kg	152.5 kg		350.0 kg	220.0 kg	225.0 kg	230.0 kg		575.0 kg	0.6193	356.0975	
e		RICK MELDON		82.50	82.40	M2	46		5	240.0 kg	270.0 kg	300.0 kg		270.0 kg	170.0 kg	190.0 kg	195.0 kg		440.0 kg	150.0 kg	200.0 kg	240.0 kg		680.0 kg	0.6193	421.1240	
u		HARRY GROVE		90.00	89.80	Open	29		7	180.0 kg	190.0 kg	200.0 kg		200.0 kg	127.5 kg	137.5 kg	140.0 kg		337.5 kg	225.0 kg	242.5 kg	250.0 kg		587.5 kg	0.6193	363.8388	
u		DARREN GREVILLE		100.00	99.10	M1	41		8	140.0 kg	145.0 kg	155.0 kg		145.0 kg	140.0 kg	145.0 kg	152.5 kg		307.5 kg	220.0 kg	227.5 kg	235.0 kg		535.0 kg	0.6193	331.3255	
u		ADAM BROWN		100.00	97.00	Open	27		7	220.0 kg	235.0 kg	240.0 kg		240.0 kg	140.0 kg	150.0 kg	157.5 kg		397.5 kg	240.0 kg	255.0 kg	265.0 kg		652.5 kg	0.6193	404.0933	
u		ALISTAIR MURDOCH		110.00	107.90	M1	44		8	210.0 kg	235.0 kg	245.0 kg		245.0 kg	200.0 kg	210.0 kg	217.5 kg		462.5 kg	237.5 kg	260.0 kg	270.0 kg		732.5 kg	0.6193	453.6373	
														0.0 kg					0.0 kg					0.0 kg	0.6193	0.0000	
		<b>SINGLE LIFTS</b>												0.0 kg					0.0 kg					0.0 kg	0.6193	0.0000	
														0.0 kg					0.0 kg					0.0 kg	0.6193	0.0000	
														0.0 kg					0.0 kg					0.0 kg	0.6193	0.0000	
e		NEIL ABERY		90.00	86.20	Open			6	305.0 kg	PASS	PASS		0.0 kg					0.0 kg	240.0 kg	272.5 kg	272.5 kg		240.0 kg	0.6193	0.0000	
														0.0 kg					0.0 kg					0.0 kg	0.6193	0.0000	
u		JAN MAKSYM CZUK		90.00	86.70	Open				130.0 kg	140.0 kg	150.0 kg		150.0 kg					0.0 kg					0.0 kg	0.6193	0.0000	
e		JAN MAKSYM CZUK		90.00	86.70	Open				160.0 kg	165.0 kg	PASS		160.0 kg					0.0 kg					0.0 kg	0.6193	0.0000	
														0.0 kg					0.0 kg					0.0 kg	0.6193	0.0000	
														0.0 kg					0.0 kg					0.0 kg	0.6193	0.0000	

Best Lifter Effort Award										This result sheet must be signed & printed by all referees who adjudicated in the above competition													
NR = National Reord										Ref's Signature 							Ref's in Block Caps						
ER = European Reord																							
WR = World Record																							
A copy of the results should be sent to: The BDFPA General Secretary. The Records Registrars. Raw Power Editor																							