

SOUTH-WEST COUNTIES SINGLE EVENT CHAMPIONSHIPS
4th DECEMBER 2011 - NEWTON ABBOT, DEVON

**** denotes claim for a British record**

(Figures in brackets indicate successful 4th attempts)

*** denotes claim for a South West record**

NAME	Town - County Cornwall=C/ Devon=D	Bwt. Cat.	Bwt.	Age Cat.	SQUAT	B.PRESS	DEAD L.	Formula	Place	
Somerset=S										
SQUAT (UNEQUIPPED)										
TOM MEREDITH	Camborne - C	75	72.0	M4	175**			120.17	1/1	
KEVIN BURNARD	Paignton - D	82.5	82.1	Open	160			99.42	1	
ALAN GUNBIE	Newton Abbot - D	90	87.5	M3	75 (85)*			50.63	1/1	
IAIN BOYD	Chew Magna - S	145	127.7	M4	0			0	0	
BENCH PRESS - UNEQUIPPED										
JON GAFFNEY	Torquay - D	75	70.6	Junior		130		90.74	1/1	
TOM MEREDITH	Camborne - C	75	72.0	M4		115*		78.97	2/1	
KEVIN BURNARD	Paignton - D	82.5	82.1	Open		137.5		85.44	1	
MARK EDWARDS	Camborne - C	82.5	82.1	M3		0		0	0	
DAVID WILLIAMS	Torquay - D	82.5	81.5	M4		0		0	0	
JAN MAKSYM CZUK	Cullompton - D	90	87.7	Open		157.5		93.67	1	
ALAN GUNBIE	Newton Abbot - D	90	87.5	M3		80*		47.65	3/1	
PAUL HORROCKS	Torquay - D	90	89.3	Open		140		82.33	2	
JOSH WATSON	Torquay - D	100	90.4	T3		137.5		80.27	3/1	
STEVEN CONGREVE	Bristol	100	97	M1		150		84.29	2/2	
DAVE PARKIN	Barnstaple - D	100	93.2	M1		160*		91.79	1/1	
GRAHAM ALWAY	Falmouth - C	110	108.1	Open		115		61.97	1	
ADAM TAYLOR	Newquay - C	125	120.5	Open		165		86.87	1	
IAIN BOYD	Chew Magna - S	145	127.7	M4		130 (135)		69.90	1/1	
BENCH PRESS - EQUIPPED										
DAVID WILLIAMS	Torquay - D	82.5	81.5	M4				162.5**	1/1	
JAN MAKSYM CZUK	Cullompton - D	90	87.7	Open				177.5*	1	
GRAHAM ALWAY	Falmouth - C	110	108.1	Open				117.5	1	
DEAD LIFT - UNEQUIPPED										
TOM MEREDITH	Camborne - C	75	72.0	M4				210**	1/1	
CHARLES BUCHANAN	Newquay - C	90	82.7	M4				290.5**	1/1	
ALAN GUNBIE	Newton Abbot - D	90	87.5	M3				140 (145)*	3/1	
PAUL HORROCKS	Torquay - D	90	89.3	Open				240	141.14	2
JOSH WATSON	Torquay - D	100	90.4	T3				260*	151.79	1/1
ROBERT COOPER	Plymstock - D	110	103.3	Open				265*	144.93	1
ADAM TAYLOR	Newquay - C	125	120.5	Open				0	0	0
DEAD LIFT - EQUIPPED										
CHRIS MORGAN	Honiton - D	82.5	81.9	Open				202.5	126.04	1
GUEST LIFTER (FULL POWER)										
BEN SAGAL	Bristol	100	99.8	T2	142.5*	100*	210 (215)*	452.5* (Tot)	GUEST	309.13
BEST LIFTER:										
CHARLES BUCHANAN										

Referees: Graham Alway, Andrew Cominos, Rob Cooper, Graham Edwards, Alan Gunbie, Chris Morgan.