Official BDFPA Score Sheet — Date of Comp - 19/11/16 — Organiser:- Paul Bamber c/o Merseyside Police Powelifting

Divisional Record | European Record | World Record | MPF World Record | Drug Tested | Calibrated Scales and Weights Used YES/NO

Refs Mike Leadbetter, Ste Thomas, Pat Reeves & Les Pilling. — Scorekeepers - Tom Francis & Alister Donaldson

FLT	Wt cat.	Body wt	UN/ EQ	DIV	Name	RH	SQUAT				RH	BENCH				DEADLIFT				Total	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter
							1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift								
1A	58.50	58.30	UN	MERSEYSIDE	Sian Kenny	9	70.0 kg	75.0 kg	82.5 kg			42.5 kg	45.0 kg	47.5 kg		95.0 kg	100.0 kg	105.0 kg		232.5 kg	0.83760	194.7420	#REF!	#REF!			Paul Bamber (M/side), 370.12
1A	55.50	54.70	UN	GUEST	Wendy Evans	3	100.0 kg	PASS	PASS			50.0 kg	PASS	PASS		100.0 kg	PASS	PASS		250.0 kg	0.89790	224.4750	#REF!	#REF!			
1A	53.00	51.40	UN	PSNI	Laura Swandel	7	45.0 kg	52.5 kg	55.0 kg		10	37.5 kg	42.5 kg	45.0 kg		82.5 kg	92.5 kg	100.0 kg		200.0 kg	0.96450	192.9000	#REF!	#REF!			Laura Livesey(Lancs), 219.83
1A	63.00	62.10	UN	LANCS	Laura Livesey	6	90.0 kg	90.0 kg	100.0 kg	101.00		52.5 kg	57.5 kg	60.0 kg		110.0 kg	120.0 kg	125.0 kg		280.0 kg	0.78510	219.8280	#REF!	#REF!			
1A	60.00	58.40	UN	GUEST	Faaris Sheikh	6	135.0 kg	145.0 kg	152.5 kg			85.0 kg	95.0 kg	102.0 kg		155.0 kg	170.0 kg	180.0 kg		427.5 kg	0.83610	357.4328	#REF!	#REF!			
1A	70.00	67.70	UN	GUEST	Kimberley Brown	8	75.0 kg	87.5 kg	95.0 kg			40.0 kg	45.0 kg	52.5 kg		80.0 kg	90.0 kg	100.0 kg		232.5 kg	0.72390	168.3068	#REF!	#REF!			
1A	70.00	69.90	UN	PSNI	Laura Lowry	7	60.0 kg	65.0 kg	75.0 kg			42.5 kg	47.5 kg	52.5 kg		85.0 kg	90.0 kg	95.0 kg		217.5 kg	0.70400	153.1200	#REF!	#REF!			
1A	80.00	74.50	UN	MERSEYSIDE	Rachel Gregory	8	60.0 kg	65.0 kg	PASS			30.0 kg	35.0 kg	40.0 kg		90.0 kg	100.0 kg	110.0 kg		215.0 kg	0.66800	143.6200	#REF!	#REF!			
1A	70.00	69.80	UN	GMP	Angela Taylor	0	PASS	PASS	PASS		11	77.5 kg	82.5 kg	85.0 kg		110.0 kg	117.0 kg	120.0 kg		202.5 kg	0.70480	142.7220					
1A	75.00	73.30	UN	LANCS	Tim Brown	8	130.0 kg	140.0 kg	150.0 kg			100.0 kg	107.0 kg	PASS		180.0 kg	200.0 kg	207.5 kg		450.0 kg	0.67670	304.5150	#REF!	#REF!			
1B	75.00	69.50	UN	MERSEYSIDE	David Morgan	8	115.0 kg	130.0 kg	140.0 kg			100.0 kg	110.0 kg	115.0 kg		150.0 kg	170.0 kg	180.0 kg		320.0 kg	0.70740	226.3680	#REF!	#REF!			
1B	82.50	81.50	UN	SCOTLAND	Mark McKenzie	11	160.0 kg	170.0 kg	180.0 kg			135.0 kg	140.0 kg	140.0 kg		210.0 kg	220.0 kg	230.0 kg		550.0 kg	0.62450	343.4750	#REF!	#REF!			
1B	90.00	88.30	UN	MERSEYSIDE	Paul Bamber	11	195.0 kg	205.0 kg	215.0 kg			140.0 kg	145.0 kg	150.0 kg		240.0 kg	255.0 kg	265.0 kg		625.0 kg	0.59220	370.1250	#REF!	#REF!			
1B	90.00	88.60	UN	LANCS	Kevin Kavanagh	11	120.0 kg	140.0 kg	160.0 kg			65.0 kg	80.0 kg	100.0 kg		130.0 kg	160.0 kg	180.0 kg		440.0 kg	0.59100	260.0400	#REF!	#REF!			
1B	82.50	78.80	UN	SCOTLAND	Jamie Dunlop	11	165.0 kg	172.5 kg	177.5 kg			125.0 kg	130.0 kg	135.0 kg		210.0 kg	220.0 kg	225.0 kg		522.5 kg	0.63990	334.3478	#REF!	#REF!			
1B	82.50	82.00	UN	MERSEYSIDE	Joshua Braid	11	140.0 kg	155.0 kg	170.0 kg		12	100.0 kg	115.0 kg	115.0 kg		180.0 kg	200.0 kg	200.0 kg		450.0 kg	0.61980	278.9100	#REF!	#REF!			
1B	82.50	80.20	UN	GUEST	Denys Tarpen	9	160.0 kg	170.0 kg	180.0 kg		11	100.0 kg	105.0 kg	112.5 kg		185.0 kg	200.0 kg	210.0 kg		495.0 kg	0.63180	312.7410	#REF!	#REF!			
1B	100.00	99.90	UN	MET	Dean Moody	11	180.0 kg	190.0 kg	200.0 kg			140.0 kg	145.0 kg	145.0 kg		200.0 kg	220.0 kg	240.0 kg		550.0 kg	0.55430	304.8650	#REF!	#REF!			
1B	110.00	104.70	UN	CHESHIRE	Ian Cosgrove	11	145.0 kg	155.0 kg	170.0 kg		12	135.0 kg	140.0 kg	145.0 kg		210.0 kg	230.0 kg	250.0 kg		560.0 kg	0.54430	304.8080	#REF!	#REF!			
1B	145.00	130.50	UN	LANCS	Stuart Roberts	12	190.0 kg	200.0 kg	220.0 kg			140.0 kg	150.0 kg	160.0 kg		225.0 kg	235.0 kg	250.0 kg		620.0 kg	0.51430	318.8660	#REF!	#REF!			
1B	110.00	108.80	UN	GUEST	Callum McCabe	13	160.0 kg	175.0 kg	200.0 kg			145.0 kg	145.0 kg	152.5 kg		215.0 kg	225.0 kg	235.0 kg		587.5 kg	0.53800	316.0750	#REF!	#REF!			
1B	125.00	113.70	UN	KENT	Paul Walker	13	180.0 kg	190.0 kg	200.0 kg			120.0 kg	130.0 kg	140.0 kg		180.0 kg	190.0 kg	200.0 kg		530.0 kg	0.53260	282.2780	#REF!	#REF!			
																					#REF!	#REF!	#REF!	#REF!			
2A																					#REF!	#REF!	#REF!	#REF!			
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