

## Southern Counties and East Midlands Championship

22nd October 2016

Venue: Body Bionic Gym, Thatcham

Divisional Record		National Record					Venue: Body Bionic Gym, Thatcham						
		Weight class	Age group	U/E	Bodyweight	Squat	Bench Press	Deadlift	Total	Points	Placing open (age)		
Leoni	Tatman	F	47.5	Open	U	47.5	100	57.5	100	257.5	267.9	1	Best female lifter
Eleanor	Ott	F	50.5	Open	U	49.9	70	37.5	112.5	220	220.4	1	
Lorraine	Box	F	55.5	M1	U	53.9	67.5	50.5	100	217.5	204.2	1 (1)	
Katherine	Glover	F	55.5	Open	U	53.6	52.5	35	82.5	170	160.8	2	
Laura	Dudley	F	58.5	Open	U	56.1	100	60	127.5	287.5	261.2	1	
Catherine	Walter	F	58.5	M7	U	57.8	95	35	100	230	204.7	2 (1)	
Isabel	Stoppani de Berrie	F	63	Open	U	62	82.5	60	115	257.5	211.2	1	
Lauren	Searles	F	70	Open	U	68.5	100	52.5	117.5	270	207.8	1	
Manon	Bradley	F	70	M3	U	69.4	100	70					
Jennifer	Shaw	F	80	Junior	U	74	105	60	110	285	207.8	1 (1)	
Chanelle	Shallow	F	80	T2	U	77.6	110	55	120	285	200.6	2 (1)	
Lorna	Durant	F	90	Open	U	86.2	125	60	170	355	231.5	1	
Zoe	Reich	F	90	Open	U	85	120	65	140	325	214.3	2	
Emma-Ben	Lewis	F	90+	Open	U	112.5	120	52.5	130	302.5	171.2	1	
Chris	Bates	M	67.5	Junior	U	67.2	150	115	185	450	327.9	1 (1)	
Joe	Bastin	M	75	T3	U	71.4	150	90	205	445	307.7	1 (1)	
Dave	Thomas	M	75	M3	U	72.6		100					
Dave	Thomas	M	75	M3	E	72.6			217.5				
Matt	Rowe	M	82.5	M2	U	81.8	185	122.5	237.5	545	339.5	1 (1)	
Colin	Kelly	M	82.5	Open	U	79.6	175	120	210	505	320.8	2	
Matt	Golding	M	82.5	Open	U	80.4	175	107.5	195	477.5	301.2	3	
Matthew	Tatman	M	82.5	Open	U	82	170	110	190	470	292.3	4	
Rob	Hall	M	82.5	M2	U	81							
Oliver	Lewis	M	90	Open	E	89.8	205	172.5	200	577.5	338.5	1	
Michael	Hawkins	M	90	Open	U	84.2	180	137.5	235	552.5	337.4	1	
Mark	Tucker	M	90	M3	U	89.6	175	125	222.5	522.5	306.7	2 (1)	
Joe	Hancock	M	90	Open	U	88.8	140	80	170	390	230.1	3	
Thomas	Mayall	M	90	Junior	U	84	135	50	180	365	223.3	4 (1)	
Jack	Cozens	M	90	Open	U	87.6	100	77.5	135	312.5	186	5	
Matthew	Hobson	M	90	Open	U	90	170		240				
Oliver	Lewis	M	90	Open	E	89.8			160				
Cormac	Whelan	M	90	Open	U	88.4			125				
Andy	Green	M	90	M4	E	89.4			212.5				
Glenn	Branch	M	90	Open	E	89.3			290				
Richard	John	M	100	M1	U	95.6	230	152.5	235	617.5	349.5	1 (1)	
Terry	Jex	M	100	M5	U	94.2	195	132.5	270	597.5	340.8	2 (1)	
John	Walsh	M	100	M2	U	92.8	180	125	195	505	290.4	3 (1)	
Lawrence	Harrington	M	110	Open	U	107.6	215	157.5	222.5	595	321	1	
Nirmal	Cheema	M	110	M4	U	109.6			122.5				
Brian	Mitchell	M	110	M5	U	107.4			117.5				
Brian	Mitchell	M	110	M5	E	107.4			180				
Simon	Lythgoe	M	125	M1	U	117.2	250	220	280	750	397.1	1 (1)	Best male lifter
Dan	Le Cras	M	125	Open	U	110.4	210	130	275	615	329.6	2	
Jack	Osborn	M	125	T3	U	120.9	220	150	235	605	318.3	3 (1)	
Sean	Summers	M	125	Open	U	114.6	175	130	220	525	277.5	4	

Referees

Manon Bradley  
Megan Batchelor  
Glenn Branch

Terry Jex  
Brett Le Cras