

Official BDFPA Score Sheet (V13.2)

Date of Comp - 23rd October 2016

Organiser - Simon Mansell / Richard Bremner

Competition - South West Winter Full Power

British Record		European Record						World Record		MPF World Record		Divisional Record		Drug Tested		Calibrated Scales and Weights Used YES				Place	Place	Best Lifter				
Age Cat	Wt Class	Age	Body Weight	UN/EQ	F/M	DIV	Name	SQUAT				BENCH				DEADLIFT				Total	QUALIFY REQ		Co eff.	Points	Class	Cat
								1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift							
Jnr	55.50	23	54.0	UN	F	SW	Abigail Liddicoat	90.0 kg	95.0 kg	95.0 kg		42.5 kg	47.5 kg	52.5 kg		120.0 kg	130.0 kg	135.0 kg		282.5 kg	190	0.93900	265.2675	1	1	
Open	55.50	28	54.4	UN	F	SW	Joanna Barwell	70.0 kg	75.0 kg	80.0 kg		30.0 kg	32.5 kg	35.0 kg		110.0 kg	115.0 kg	120.0 kg		227.5 kg	210	0.93330	212.3258	2	2	
Open	63.00	38	62.2	UN	F	SW	Nicola Poole	95.0 kg	105.0 kg	112.5 kg		62.5 kg	70.0 kg	72.5 kg		145.0 kg	155.0 kg	160.0 kg		342.5 kg	235	0.83470	285.8848	1	1	Best Unequipped Female Powerlifter
Open	63.00	28	59.2	UN	F	SW	Charlotte Harris	95.0 kg	102.5 kg	107.5 kg		45.0 kg	50.0 kg	52.5 kg		115.0 kg	122.5 kg	127.5 kg		280.0 kg	235	0.87010	243.6280	2	2	
Jnr	67.50	20	67.0	UN	M	SW	Joshua Needs	105.0 kg	110.0 kg	120.0 kg		72.5 kg	75.0 kg	80.0 kg		165.0 kg	175.0 kg	180.0 kg	187.5 kg	380.0 kg	375	0.73070	277.6660	1	1	
T2	67.50	16	65.0	UN	M	SW	Daniel Rutter	90.0 kg	100.0 kg	110.0 kg		60.0 kg	70.0 kg	77.5 kg		100.0 kg	120.0 kg	125.0 kg		305.0 kg	305	0.75140	229.1770	2	1	
M2	70.00	46	67.0	UN	F	SW	Sarah Rutter	90.0 kg	100.0 kg	110.0 kg		40.0 kg	45.0 kg	50.0 kg		90.0 kg	100.0 kg	115.0 kg		275.0 kg	232.5	0.78370	215.5175	1	1	
Open	70.00	28	67.8	UN	F	SW	Katie Cochran	85.0 kg	90.0 kg	95.0 kg		57.5 kg	60.0 kg	62.5 kg		105.0 kg	110.0 kg	115.0 kg		272.5 kg	257.5	0.77530	211.2693	2	2	
Open	75.00	25	75.0	UN	M	SW	Joshua Jones - na													0.0 kg	457.5	0.66450	0.0000	0	0	
Open	75.00	28	72.5	UN	M	SW	Matthew Smallacombe	155.0 kg	172.5 kg	172.5 kg		107.5 kg	112.5 kg	115.0 kg		160.0 kg	172.5 kg	175.0 kg		457.5 kg	457.5	0.68280	312.3810	1	1	
Open	75.00	28	73.0	UN	M	SW	Jonathan Clarke	150.0 kg	160.0 kg	165.0 kg		85.0 kg	90.0 kg	92.5 kg		190.0 kg	202.5 kg	207.5 kg		452.5 kg	457.5	0.67890	307.2023	2	2	
Open	75.00	28	72.0	UN	M	SW	Adam Bennett	125.0 kg	130.0 kg	135.0 kg		97.5 kg	102.5 kg	105.0 kg		170.0 kg	185.0 kg	192.5 kg		432.5 kg	457.5	0.68670	296.9978	3	3	
M1	82.50	40	82.5	UN	M	SW	Stefan Shelsler	160.0 kg	170.0 kg	180.0 kg		110.0 kg	120.0 kg	105.0 kg		215.0 kg	225.0 kg	230.0 kg	235.0 kg	520.0 kg	465	0.61930	322.0360	1	1	Best Unequipped Male Powerlifter Best Unequipped Male Powerlifter (Masters)
Open	82.50	30	80.9	UN	M	SW	Adam Watt	130.0 kg	135.0 kg	140.0 kg		100.0 kg	105.0 kg	105.0 kg		200.0 kg	210.0 kg	220.0 kg		460.0 kg	490	0.62790	288.8340	2	2	
T1	90.00	14	87.5	UND	F	SW	Benita Rawlings									70.0 kg	80.0 kg	87.5 kg		87.5 kg	87.5	0.64420	56.3675	1	1	
M1	100.00	40	100.0	UN	M	SW	Jason Hall -NA													0.0 kg	525	0.55400	0.0000	0	0	
M1	125.00	40	116.7	UNB	M	SW	Graham Alway					110.0 kg	125.0 kg	140.0 kg						140.0 kg	135	0.53990	75.5860	1	1	Best Unequipped Male Bench Best Unequipped Male Bench (Masters)
M1	90+	43	99.8	UND	F	SW	Joanne Buscombe									100.0 kg	110.0 kg	117.5 kg	120.0 kg	117.5 kg	132.5	0.59930	70.4178	1	1	Best Unequipped Female Deadlift Best Unequipped Female Deadlift (Masters)

Refs
Mark Rattenberry (nat)

Scorekeepers
Richard Bremner (nat)