

Official BDFPA Score Sheet (V12)

Date of Comp - 10th July 2016

Organiser BDFPA South West - Russell Martin

Competitio South West Mid-Year 2016

British Record		European Record					World Record				MPF World Record				Divisional Record				Drug Tested				Calibrated Scales and Weights Used YES			
Age Cat	Wt Class	Age	Body Weight	UN/EQ	F/M	DIV	Name	SQUAT				BENCH				DEADLIFT				Total	QUALIFY REQ	Co eff.	Points	Place Class	Place Cat	Best Lifter
								1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift							
Open	82.50	28	82.5	EQ	M	SC	Oliver Campbell Lewis	185.0 kg	192.5 kg	200.0 kg		145.0 kg	150.0 kg	155.0 kg		180.0 kg	190.0 kg	195.0 kg		540.0 kg	540	0.61930	334.4220	1	1	Best Equipped Male Powerlifter
M5	100.00	60	92.6	G	M	EC	Andy Bonner	210.0 kg	230.0 kg	240.0 kg	250.00	120.0 kg	135.0 kg	140.0 kg		240.0 kg	270.0 kg	275.5 kg		655.0 kg	#N/A	0.57580	377.1490	1	1	
Open	55.50	27	54.5	UN	F	SW	Joanna Barwell	67.5 kg	70.0 kg	70.0 kg		30.0 kg	32.5 kg	35.0 kg		100.0 kg	107.5 kg	112.5 kg		210.0 kg	210	0.93190	195.6990	1	1	
Open	58.50	28	58.5	UN	F	SW	Charlotte Harris	90.0 kg	95.0 kg	100.0 kg		45.0 kg	47.5 kg	50.0 kg		105.0 kg	115.0 kg	120.0 kg		267.5 kg	220	0.87880	235.0790	1	1	
Open	58.50	30	58.0	UN	F	SW	Debra Smitham	80.0 kg	85.0 kg	92.5 kg		45.0 kg	50.0 kg	52.5 kg		90.0 kg	100.0 kg	107.5 kg		250.0 kg	220	0.88510	221.2750	2	2	
M1	58.50	41	56.8	UN	F	SW	Masayo Makino	80.0 kg	85.0 kg	92.5 kg		40.0 kg	50.0 kg	50.0 kg		100.0 kg	110.0 kg	115.0 kg		247.5 kg	210	0.90060	222.8985	3	1	
T1	60.00	15	57.7	UN	m	SW	Kieran Jewell	110.0 kg	120.0 kg	120.0 kg		50.0 kg	55.0 kg	60.0 kg		120.0 kg	130.0 kg	141.5 kg		305.0 kg	245	0.84680	258.2740	1	1	
Open	63.00	38	62.2	UN	F	SW	Nicola Poole	90.0 kg	100.0 kg	112.5 kg		25.0 kg	pass	pass		140.0 kg	150.0 kg	155.0 kg		292.5 kg	235	0.83470	244.1498	1	1	Best Unequipped Female Powerlifter
M2	70.00	46	67.9	UN	F	SW	Amelia Allen	90.0 kg	92.5 kg	102.5 kg		60.0 kg	65.0 kg	67.5 kg		117.5 kg	122.5 kg	130.0 kg		297.5 kg	232.5	0.77450	230.4138	1	1	Best Unequipped Female Powerlifter (Masters)
Open	70.00	29	67.3	UN	F	SW	Katie Cochran	87.5 kg	92.5 kg	95.0 kg		57.5 kg	62.5 kg	62.5 kg		112.5 kg	112.5 kg	115.0 kg		272.5 kg	257.5	0.78070	212.7408	2	2	
Open	75.00	28	71.1	UN	M	SW	Matthew Smallacombe	145.0 kg	157.5 kg	165.0 kg		105.0 kg	110.0 kg	117.5 kg		155.0 kg	165.0 kg	182.5 kg		440.0 kg	457.5	0.69390	305.3160	1	1	
Open	75.00	24	73.2	UN	M	SW	Jonathan Clarke	130.0 kg	140.0 kg	150.0 kg		82.5 kg	82.5 kg	90.0 kg		185.0 kg	195.0 kg	195.0 kg		417.5 kg	457.5	0.67740	282.8145	2	2	
Jnr	75.00	22	74.1	UN	M	SW	Dan Allen	105.0 kg	110.0 kg	115.0 kg		80.0 kg	80.0 kg	85.0 kg		135.0 kg	140.0 kg	145.0 kg		340.0 kg	412.5	0.67080	228.0720	3	1	
M2	82.50	48	82.5	UN	M	SE	Vince Minty	190.0 kg	197.5 kg	202.5 kg		147.5 kg	152.5 kg	156.0 kg		235.0 kg	240.0 kg	245.0 kg		595.0 kg	442.5	0.61930	368.4835	1	1	Best Unequipped Male Powerlifter (Masters)
Jnr	82.50	20	81.8	UN	M	SW	Jordan Raine	200.0 kg	215.0 kg	220.0 kg		117.5 kg	122.5 kg	122.5 kg		232.5 kg	247.5 kg	252.5 kg		580.0 kg	440	0.62300	361.3400	2	1	
M1	82.50	41	81.5	UN	M	SW	Justin Jewell	190.0 kg	202.5 kg	207.5 kg		120.0 kg	125.0 kg	pass		210.0 kg	220.0 kg	225.0 kg		552.5 kg	465	0.62450	345.0363	3	1	
M1	82.50	42	80.1	UN	M	SW	Stefan Shelsher	170.0 kg	180.0 kg	190.0 kg		115.0 kg	115.0 kg	115.0 kg		210.0 kg	220.0 kg	225.5 kg		515.0 kg	465	0.63240	325.6860	4	2	
Open	82.50	27	80.0	UN	M	SW	Anthony Jones	150.0 kg	157.5 kg	165.0 kg		105.0 kg	110.0 kg	115.0 kg		200.0 kg	210.0 kg	220.0 kg		500.0 kg	490	0.63290	316.4500	5	5	
Open	82.50	30	79.8	UN	M	SW	Jamie Turpin	140.0 kg	150.0 kg	162.5 kg		100.0 kg	115.0 kg	117.5 kg		180.0 kg	200.0 kg	227.5 kg		462.5 kg	490	0.63410	293.2713	6	6	
Open	90.00	25	87.7	UN	M	SE	Terry Minty	205.0 kg	220.0 kg	230.0 kg		130.0 kg	140.0 kg	150.0 kg		255.0 kg	275.0 kg	287.5 kg		667.5 kg	520	0.59470	396.9623	1	1	Best Unequipped Male Powerlifter
M1	90.00	44	85.6	UN	M	SW	Mark Lowe	205.0 kg	220.0 kg	230.0 kg		140.0 kg	152.5 kg	161.0 kg		215.0 kg	232.5 kg	247.5 kg		622.5 kg	495	0.60410	376.0523	2	1	
Open	90.00	30	90.0	UN	M	SW	Daniel Geach	185.0 kg	200.0 kg	210.0 kg		125.0 kg	130.0 kg	135.0 kg		230.0 kg	240.0 kg	250.0 kg		575.0 kg	520	0.58530	336.5475	3	3	
Open	90.00	33	88.0	UN	M	SE	Lee Maconnachie	170.0 kg	180.0 kg	190.0 kg		130.0 kg	140.0 kg	145.0 kg		210.0 kg	225.0 kg	230.0 kg		560.0 kg	520	0.59350	332.3600	4	4	
Open	90.00	30	86.8	UN	M	SW	Harry Wolfe	160.0 kg	170.0 kg	180.0 kg		120.0 kg	125.0 kg	127.5 kg		180.0 kg	190.0 kg	200.0 kg		490.0 kg	520	0.59860	293.3140	5	5	
Open	90.00	26	89.2	UN	M	SW	Joseph Hornsby	140.0 kg	150.0 kg	155.0 kg		90.0 kg	95.0 kg	100.0 kg		170.0 kg	185.0 kg	195.0 kg		440.0 kg	520	0.58850	258.9400	6	6	
Open	100.00	30	99.4	UN	M	SW	Dan Fleming	190.0 kg	200.0 kg	210.0 kg		145.0 kg	150.0 kg	155.0 kg		240.0 kg	250.0 kg	250.0 kg		590.0 kg	552.5	0.55550	327.7450	1	1	
Open	100.00	25	95.6	UN	M	SW	John Duffy	170.0 kg	180.0 kg	190.0 kg		120.0 kg	120.0 kg	pass		225.0 kg	237.5 kg	245.0 kg		537.5 kg	552.5	0.56600	304.2250	2	2	
Open	100.00	25	96.2	UN	M	SW	Henry Dagger	130.0 kg	140.0 kg	140.0 kg		115.0 kg	120.0 kg	122.5 kg		160.0 kg	170.0 kg	190.0 kg		452.5 kg	552.5	0.56420	255.3005	3	3	
Open	50.50	38	50.1	UNB	F	SW	Lucy Anderson					40.0 kg	45.0 kg	51.0 kg	52.5 kg					50.0 kg	37.5	0.99840	49.9200	1	1	Best Unequipped Female Bench
T2	52.00	17	48.8	UNB	m	SW	Ryan Anderson					45.0 kg	50.0 kg	55.0 kg					50.0 kg	55	1.02610	51.3050	1	1		
M2	58.50	49	56.5	UNB	F	SW	Amanda Hannis					50.0 kg	55.5 kg	55.5 kg	157.5 kg				55.0 kg	40	0.90460	49.7530	1	1	Best Unequipped Female Bench (Masters)	
M2	60.00	49	58.5	UNB	m	SW	Mark Anderson					90.0 kg	95.0 kg	100.0 kg	105.0 kg				100.0 kg	80	0.83450	83.4500	1	1	Best Unequipped Male Bench (Masters)	
Open	90.00	30	88.1	UNB	M	SW	David Williams					130.0 kg	140.0 kg	142.5 kg					140.0 kg	127.5	0.59300	83.0200	1	1		
Open	125.00	30	119.6	UNB	M	SW	Tom Barson					145.0 kg	155.0 kg	165.0 kg					165.0 kg	142.5	0.52740	87.0210	1	1	Best Unequipped Male Bench	
M1	125.00	43	113.3	UNB	M	SW	Graham Alway					110.0 kg	125.0 kg	135.0 kg	140.0 kg				135.0 kg	135	0.53290	71.9415	2	1		
Open	125.00	30	119.6	UND	M	SW	Tom Barson									200.0 kg	215.0 kg	230.0 kg	230.0 kg	232.5	0.52740	121.3020	1	1	Best Unequipped Male Deadlift	
M1	90+	42	98.8	UND	F	SW	Joanne Buscombe									60.0 kg	80.0 kg	100.0 kg	105.0 kg	100.0 kg	132.5	0.60240	60.2400	1	1	Best Unequipped Female Deadlift (Masters)
M3	67.50	54	63.5	UNS	m	SW	Mark Rattenberry	120.0 kg	130.0 kg	135.0 kg									135.0 kg	125	0.76820	103.7070	1	1	Best Unequipped Male Squat Best Unequipped Male Squat (Masters)	
	0.00					Ref	Mark Rattenberry												0.0 kg	#N/A	#REF!	0.0000	0	0		
	0.00					Ref	Richard Bremner												0.0 kg	#N/A	#REF!	0.0000	0	0		
	0.00					Ref	Brad Smith												0.0 kg	#N/A	#REF!	0.0000	0	0		
	0.00					Ref	Sacha Harding												0.0 kg	#N/A	#REF!	0.0000	0	0		
	0.00					Ref	Matt Gibson												0.0 kg	#N/A	#REF!	0.0000	0	0		
	0.00					Ref	Steve Tyers												0.0 kg	#N/A	#REF!	0.0000	0	0		
	0.00					Ref	Russell Martin												0.0 kg	#N/A	#REF!	0.0000	0	0		