

Official BDFPA Score Sheet (V13.1)

Date of Comp - 11th September Organiser - Simon Mansell

Competition - South West Winter Single Lift Championships 2016

SQ FLT		B FLT		DL FLT		Age Cat		Wt Class		Age		Body Weight		UNI EQ		F/M		DIV		Name		RH		SQUAT				Best Squat		BENCH				Best Bench		DEADLIFT				Total		QUALIFY REG		Co eff.		Points		MAM		Masters PN		Place Class		Place Cat		Best Lifter	
1	1	1	1	111	Open	75.00	25	74.1	UN	M	SW	Matthieu Poudevigne	10	130.0 kg	140.0 kg	155.0 kg					155.0 kg	11	90.0 kg	100.0 kg	110.0 kg			100.0 kg	160.0 kg	180.0 kg	202.5 kg			457.5 kg	457.5	0.67080	306.8910	1.000	306.8910	1	1			Best Un-equipped Male Powerlifter													
1	1	1	1	111	M3	100.00	50	100.0	UN	M	SW	David Criddle	10	155.0 kg	165.0 kg	165.0 kg					165.0 kg	10	110.0 kg	115.0 kg	120.0 kg			120.0 kg	160.0 kg	185.0 kg	185.0 kg			470.0 kg	475	0.55400	260.3800	1.150	299.4370	1	1																
1	1	1	1	111	Open	58.50	25	57.3	UN	F	SW	Aimee Westwood	9	65.0 kg	70.0 kg	75.0 kg					75.0 kg	9	40.0 kg	42.5 kg	42.5 kg			40.0 kg	80.0 kg	82.5 kg	85.0 kg			200.0 kg	220	0.89410	178.8200	1.000	178.8200	1	1			Best Un-equipped Female Powerlifter													
					M5	82.50	60	82.4	UND	M	SW	Charles Buchanan										10						250.0 kg	265.0 kg	275.0 kg			275.0 kg	150	0.61980	170.4450	1.380	235.2141	1	1			Best Un-equipped Male Deadlift														
					M1	82.50	40	82.0	UND	M	SW	Stefan Shelsler										9						210.0 kg	220.0 kg	225.0 kg			225.0 kg	182.5	0.63190	142.1775	1.000	142.1775	2	1			Best Un-equipped Male Deadlift (Masters)														
					Open	145.00	25	130.8	UND	M	SW	Matt Daniels										11						240.0 kg	255.0 kg	265.0 kg			265.0 kg	240	0.51400	136.2100	1.000	136.2100	1	1																	
					Open	125.00	25	118.7	UND	M	SW	Tom Barson										10						200.0 kg	220.0 kg	232.5 kg			232.5 kg	232.5	0.53200	122.8065	1.000	122.8065	1	1																	
1					Open	75.00	25	72.5	UNS	M	SW	Matthew Smallacombe	7	150.0 kg	170.0 kg	175.0 kg					175.0 kg	9										175.0 kg	162.5	0.68280	119.4900	1.000	119.4900	1	1			Best Un-equipped Male Squat															
					M5	90.00	63	87.1	EQB	M	SW	David Williams										9	200.0 kg	205.0 kg	205.0 kg			200.0 kg				200.0 kg	110	0.59730	119.4600	1.470	175.6062	1	1			Best Equipped Male Bench															
					M1	82.50	40	82.0	UNS	M	SW	Stefan Shelsler	9	160.0 kg	170.0 kg	180.0 kg					170.0 kg	9							85.0 kg	100.0 kg	105.0 kg			105.0 kg	167.5	0.63190	107.4230	1.000	107.4230	1	1			Best Equipped Male Bench (Masters)													
					M3	58.50	50	56.2	UND	F	SW	Sally Alberici-Trueman										11										105.0 kg	80	0.90860	95.4030	1.150	109.7135	1	1			Best Un-equipped Female Deadlift															
					M1	90.00	40	87.7	UNB	M	SW	Jan Makeymczuk										9	145.0 kg	155.0 kg	160.0 kg	165.0 kg		160.0 kg				160.0 kg	120	0.59470	95.1520	1.000	95.1520	1	1			Best Un-equipped Female Deadlift (Masters)															
					Open	125.00	25	118.7	UNB	M	SW	Tom Barson										10	150.0 kg	155.0 kg	167.5 kg			155.0 kg				155.0 kg	142.5	0.52820	81.8710	1.000	81.8710	1	1			Best Un-equipped Male Bench															
					M3	67.50	50	62.8	UNB	M	SW	Mark Anderson										9	100.0 kg	102.5 kg	102.5 kg			102.5 kg				102.5 kg	85	0.77650	79.5913	1.150	91.5299	1	1			Best Un-equipped Male Bench (Masters)															
					Open	75.00	25	72.5	UNB	M	SW	Matthew Smallacombe										7	107.5 kg	115.0 kg	120.0 kg			115.0 kg				115.0 kg	112.5	0.68280	78.5220	1.000	78.5220	1	1																		
					M1	125.00	40	114.7	UND	M	SW	Graham Alway										9	110.0 kg	137.5 kg	140.0 kg			137.5 kg				137.5 kg	220	0.53160	73.0950	1.000	73.0950	2	1																		
					M1	90+	40	100.5	UND	F	SW	Joanne Buscombe										8							95.0 kg	105.0 kg	110.0 kg	115.0 kg			110.0 kg	132.5	0.59710	65.6810	1.000	65.6810	1	1															
					T2	52.00	16	49.5	UNB	M	SW	Ryan Anderson										7	50.0 kg	55.0 kg	60.0 kg			55.0 kg				55.0 kg	55	1.00870	55.4785	1.000	55.4785	1	1																		
					T1	90.00	15	88.3	UND	F	SW	Benita Rawlings										11							60.0 kg	70.0 kg	80.0 kg	85.0 kg			80.0 kg	87.5	0.63980	51.1840	1.000	51.1840	1	1															
					M3	58.50	50	56.2	UNB	F	SW	Sally Alberici-Trueman										10	37.5 kg	37.5 kg	42.5 kg			37.5 kg				37.5 kg	37.5	0.90860	34.0725	1.150	39.1834	1	1			Best Un-equipped Female Bench															
					Open	0.00																10										0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0			Best Un-equipped Female Bench (Masters)															
					Open	0.00	25		UNB	M	SW	Referees										9										0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0																		
					Open	0.00						Russell Martin										8										0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0																		
					Open	0.00						Simon Mansell										11										0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0																		
					Open	0.00						Shachar Head										11										0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0																		
					Open	0.00																12										0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0																		