

Official BDFPA Score Sheet		Date of Comp -										Organiser																					
Competition		Divisional Record		British Record			European Record			World Record			MPF World Record			Drug Tested				Calibrated Scales and Weights Used YES/NO													
FLT	Wt Class	Body wt	Age Cat	Age	UN/EQ	F/M	DIV	Name	RH	SQUAT				SQ Total	RH	BENCH				BP Total	DEADLIFT				DL Total	Total	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter
										1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift										
1	55.50	53.90	jnr	21	UN	F	Wal	Fion Ankers	6	65.0 kg	70.0 kg	77.5 kg		77.5 kg	3	37.5 kg	40.0 kg	42.5 kg		42.5 kg	110.0 kg	115.0 kg	120.0 kg		120.0 kg	240.0 kg	0.94050	225.7200	#REF!	#REF!			
1	58.50	56.90	open	30	UN	F	NW	Jenni Howard	6	75.0 kg	80.0 kg			80.0 kg	3	52.5 kg	55.0 kg	55.0 kg		55.0 kg	80.0 kg	85.0 kg	90.0 kg		85.0 kg	220.0 kg	0.89930	197.8460	#REF!	#REF!			
1	58.50	58.30	m1	42	UN	F	Sct	Ish Wade						0.0 kg	3	45.0 kg	47.5 kg	47.5 kg		47.5 kg	95.0 kg	105.0 kg	115.0 kg		115.0 kg	162.5 kg	0.88140	143.2275	1.014	145.2327			
1	70.00	67.35	t3	19	UN	F	Wal	Eleanor Mawson	5	70.0 kg	75.0 kg	80.0 kg		80.0 kg	3	40.0 kg	47.5 kg	55.0 kg		47.5 kg	110.0 kg	115.0 kg	120.0 kg		115.0 kg	242.5 kg	0.78070	189.3198	#REF!	#REF!			
1	80.00	73.90	open	32	UN	F	Wal	Susan Gale	6	100.0 kg	105.0 kg	110.0 kg		110.0 kg	3	45.0 kg	50.0 kg	57.5 kg		57.5 kg	120.0 kg	130.0 kg	142.5 kg		130.0 kg	297.5 kg	0.72930	216.9668	#REF!	#REF!			
1	60.00	57.50	t1	13	UN	M	Wal	Sean Williams	5	80.0 kg	80.0 kg	90.0 kg		90.0 kg	3	50.0 kg	60.0 kg	65.0 kg		60.0 kg	100.0 kg	110.0 kg	120.0 kg		120.0 kg	270.0 kg	0.81280	219.4560	#REF!	#REF!			
1	67.50	67.20	m7	71	UN	M	Sct	Mike Wade						0.0 kg	3	75.0 kg	77.5 kg	82.5 kg		77.5 kg					0.0 kg	77.5 kg	0.72580	56.2495	1.740	97.8741			
1	82.50	79.00	jnr	22	UN	m	Wal	Jac Lewis	5	150.0 kg	170.0 kg	175.0 kg		175.0 kg	3	120.0 kg	130.0 kg	135.0 kg		135.0 kg	180.0 kg	200.0 kg	215.0 kg		215.0 kg	525.0 kg	0.61830	325.1325	#REF!	#REF!			
1	82.50	80.20	jnr	20	UN	M	Wal	Owain Tobias						0.0 kg	3					0.0 kg	235.0 kg	255.0 kg	265.0 kg		265.0 kg	265.0 kg	0.61830	164.1145	#REF!	#REF!			
1	110.00	109.90	jnr	21	UN	M	Wal	Daniel Rose						0.0 kg	3	120.0 kg	125.0 kg	127.5 kg		127.5 kg					0.0 kg	127.5 kg	0.53650	68.4038	#REF!	#REF!			
1	125.00	116.25	open	31	UN	m	Wal	Mariusz Arendacz	3	210.0 kg	210.0 kg	225.0 kg		210.0 kg	3	180.0 kg	200.0 kg	210.0 kg		200.0 kg	240.0 kg	260.0 kg		260.0 kg	670.0 kg	0.52100	349.0700	#REF!	#REF!				
1	125.00	121.40	jnr	21	UN	M	Wal	Tomos Jones	4	50.0 kg	60.0 kg	140.0 kg		140.0 kg	3	110.0 kg	110.0 kg	125.0 kg		125.0 kg	200.0 kg	240.0 kg	267.5 kg		240.0 kg	505.0 kg	0.52100	263.1050	#REF!	#REF!			
1	148.40	148.40	open	32	UN	M	Wal	Gerrard Matthews						0.0 kg	3	160.0 kg	190.0 kg	200.0 kg		190.0 kg					0.0 kg	190.0 kg	0.49450	93.9550	#REF!	#REF!			

Refs
 Louise Brookwell
 Aaron Lewis
 Wendy Evans