Official BDFPA Score Sheet

Competition | **Date of Comp -** | **Organiser**

Divisional Record | **British Record** | **European Record** | **World Record** | **MPF World Record** | **Drug Tested** | **Calibrated Scales and Weights Used YES/NO**

FLT	PLT	Morning Afternoon	DAY	Wt Class	Body wt	Age Cat	Age	UN/ EQ	F	DIV	Name	RH	SQUAT 1st Lift	SQUAT 2nd Lift	SQUAT 3rd Lift	SQUAT 4th Lift	SQ Total	SQ Pts	RH	BENCH 1st Lift	BENCH 2nd Lift	BENCH 3rd Lift	BENCH 4th Lift	BP Total	BP Pts		DEADLIFT 1st Lift	DEADLIFT 2nd Lift	DEADLIFT 3rd Lift	DEADLIFT 4th Lift	DL Total	DL Pts	Total	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter
1	A	Morn	SAT	70.00	64.30	OPEN	28	UN	F	Wales	**Laura Mayos**	6	**60.0 kg**	**60.0 kg**	**70.0 kg**		70.0 kg	56.89	3	**30.0 kg**	**35.0 kg**	**45.0 kg**		35.0 kg	28.44		**80.0 kg**	**90.0 kg**	**100.0 kg**		90.0 kg	73.14	**195.0 kg**	0.81270	158.4765	#REF!	#REF!			
1	A	Morn	SAT	80.00	76.50	m3	50	UN	F	NW	**Maggie Adepetun**	5	**65.0 kg**	**75.0 kg**	**85.0 kg**		85.0 kg	60.47	3	**50.0 kg**	**57.5 kg**	**62.5 kg**		57.5 kg	40.91		**95.0 kg**	**100.0 kg**	**110.0 kg**		110.0 kg	78.25	**252.5 kg**	0.71140	179.6285	1.150	206.5728			
1	A	Morn	SAT	53.00	52.10	OPEN	28	UN	F	NW	**Linda Wood**	6	**60.0 kg**	**70.0 kg**	**70.0 kg**		70.0 kg	67.69	3	**50.0 kg**	**52.5 kg**	**52.5 kg**		50.0 kg	48.35		**80.0 kg**	**90.0 kg**	**100.0 kg**		100.0 kg	96.70	**220.0 kg**	0.96700	212.7400	#REF!	#REF!			
1	A	Morn	SAT	63.00	61.40	OPEN	24	UN	F	NW	**Ellen Freeborn**	6	**100.0 kg**	**115.0 kg**	**115.0 kg**		100.0 kg	84.50	3	**50.0 kg**	**55.0 kg**	**55.0 kg**		55.0 kg	46.48		**130.0 kg**	**140.0 kg**	**140.0 kg**		140.0 kg	118.30	**295.0 kg**	0.84500	249.2750	#REF!	#REF!			
1	A	Morn	SAT	90.00	87.70	OPEN	31	UN	M	Wales	**Robert Mitcham**	5	**140.0 kg**	**147.5 kg**	**155.0 kg**		147.5 kg	86.33	3	**75.0 kg**	**85.0 kg**	**95.0 kg**		85.0 kg	49.75		**170.0 kg**	**187.5 kg**	**202.5 kg**		202.5 kg	118.52	**435.0 kg**	0.58530	254.6055	#REF!	#REF!			
1	A	Morn	SAT	145.00	129.80	OPEN	24	UN	M	Wales	**Micheal Roberts**	3	**160.0 kg**	**180.0 kg**	**180.0 kg**		160.0 kg	79.66	3	**125.0 kg**	**135.0 kg**	**145.0 kg**		145.0 kg	72.20		**215.0 kg**	**230.0 kg**	**250.0 kg**		230.0 kg	114.52	**535.0 kg**	0.49790	266.3765	#REF!	#REF!			
1	A	Morn	SAT	100.00	98.10	OPEN	25	UN	M	Wales	**Ieuan Hughes**	4	**170.0 kg**	**170.0 kg**	**192.5 kg**		192.5 kg	106.65	3	**90.0 kg**	**100.0 kg**	**107.5 kg**		100.0 kg	55.40		**200.0 kg**	**215.0 kg**	**225.0 kg**		225.0 kg	124.65	**517.5 kg**	0.55400	286.6950	#REF!	#REF!			
1	A	Morn	SAT	90.00	84.20	OPEN	35	UN	M	NW	**Andrew Harding**	5	**160.0 kg**	**160.0 kg**	**170.0 kg**		170.0 kg	99.50	3	**120.0 kg**	**120.0 kg**	**122.5 kg**		120.0 kg	70.24		**200.0 kg**	**220.0 kg**	**230.0 kg**		230.0 kg	134.62	**520.0 kg**	0.58530	304.3560	#REF!	#REF!			
1	A	Morn	SAT	75.00	74.80	OPEN	24	UN	M	Wales	**Jonathon Owen**	5	**150.0 kg**	**160.0 kg**	**170.0 kg**		170.0 kg	112.97	3	**110.0 kg**	**120.0 kg**	**125.0 kg**		120.0 kg	79.74	**215.0 kg**	**200.0 kg**	**210.0 kg**	**217.5 kg**		210.0 kg	139.55	**500.0 kg**	0.66450	332.2500	#REF!	#REF!			

Refs
Louise Brookwell
Aaron Lewis
Wendy Evans
Ian Chaffey