

Eastern Counties Regional Championships 2020 at Fit Performance

British Record		European Record				World Record				MPF World Record				Divisional Record				Drug Tested				Calibrated Scales and Weights Used YES/NO											
Age Cat	Wt Class	Age	Body Weigh	UW/EQ	F/M	DIV	Name	RH	SQUAT				Best Squat	RH	BENCH				Best Bench	DEADLIFT				Best Deadlift	Total	QUALIFY REQ	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter
									1st Lift	2nd Lift	3rd Lift	4th Lift			1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift										
M4	70.00	57	69.9	UNB	F	SC	Trisha Forbes								37.5 kg	40.0 kg	42.5 kg	42.5 kg					42.5 kg	40	0.75880	32.2490	1.297	41.8270	1	1			
T1	52.00	14	52.0	UNB	M	EC	Noah Kerrison	2							47.5 kg	50.0 kg	55.0 kg	55.0 kg					50.0 kg	50	0.95150	52.3325	1.000	52.3325	1	1			
Open	53.00	36	52.5	UNB	F	EC	Natalie Winstone								50.0 kg	55.0 kg	57.5 kg	57.5 kg					57.5 kg	40	0.96100	55.2575	1.000	55.2575	2	2			
T2	70.00	16	68.8	UN	F	EC	Phebe-Lee Want	7	85.0 kg	95.0 kg	102.5 kg	102.5 kg	4	50.0 kg	55.0 kg	60.0 kg	60.0 kg	107.5 kg	115.0 kg	120.0 kg	120.0 kg	115.0 kg	190	0.76740	212.3555	1.000	212.3555	2	1				
Open	70.00	25	69.2	UN	F	EC	Georgina Goodey	6	77.5 kg	82.5 kg	82.5 kg	77.5 kg	4	52.5 kg	55.0 kg	55.0 kg	55.0 kg	115.0 kg	120.0 kg	125.0 kg	120.0 kg	120.0 kg	252.5 kg	257.5	0.76420	192.9605	1.000	192.9605	3	3			
Open	63.00	28	62.9	UN	F	EC	Ligia Rodrigues	6	90.0 kg	100.0 kg	100.0 kg	100.0 kg	3	87.5 kg	92.5 kg	92.5 kg	87.5 kg	110.0 kg	120.0 kg	130.0 kg	130.0 kg	130.0 kg	317.5 kg	235	0.82690	262.5408	1.000	262.5408	1	1			
M1	70.00	44	69.8	UN	F	EC	Imogen Skoulding	8	102.5 kg	110.0 kg	115.0 kg	110.0 kg	4	60.0 kg	65.0 kg	70.0 kg	70.0 kg	117.5 kg	125.0 kg	130.0 kg	130.0 kg	130.0 kg	310.0 kg	245	0.75860	235.4760	1.044	245.8369	1	1			
Open	63.00	38	61.4	EQ	F	EC	Kim Snowling	8	50.0 kg	70.0 kg	90.0 kg	90.0 kg	5	40.0 kg	47.5 kg	50.0 kg	50.0 kg	110.0 kg	125.0 kg	140.0 kg	125.0 kg	265.0 kg	267.5	0.84380	223.6070	1.000	223.6070	1	1				
Open	55.50	37	54.8	UN	F	EC	Sarah Porter	6	80.0 kg	90.0 kg	95.0 kg	95.0 kg	3	47.5 kg	52.5 kg	55.0 kg	52.5 kg	130.0 kg	140.0 kg	147.5 kg	147.5 kg	295.0 kg	210	0.92770	273.6715	1.000	273.6715	1	1	Best Unequipped Female Powerlifter			
T1	100.00	14	97.2	UNB	M	EC	Daniel Van Kempen	5							55.0 kg	55.0 kg	60.0 kg	60.0 kg					60.0 kg	90	0.56130	33.6780	1.000	33.6780	1	1			
Jnr	90.00	22	84.5	UN	F	EC	Taylor Tucker	6	140.0 kg	145.0 kg	147.5 kg	145.0 kg	3	70.0 kg	72.5 kg	72.5 kg	72.5 kg	147.5 kg	150.0 kg	152.5 kg	150.0 kg	367.5 kg	275	0.66120	242.9910	1.000	242.9910	1	1				
Open	80.00	31	78.5	UN	F	EC	Sarah Argent	7	107.5 kg	117.5 kg	127.5 kg	117.5 kg	2	50.0 kg	57.5 kg	62.5 kg	57.5 kg	150.0 kg	157.5 kg	160.0 kg	150.0 kg	325.0 kg	282.5	0.69810	226.8825	1.000	226.8825	1	1				
Jnr	53.00	23	51.3	EQ	F	EC	Olivia Busby	5	97.5 kg	102.5 kg	107.5 kg	107.5 kg	4	57.5 kg	62.5 kg		57.5 kg	105.0 kg	110.0 kg		110.0 kg	275.0 kg	207.5	0.97930	269.3075	1.000	269.3075	1	1	Best Equipped Female Powerlifter			
Jnr	53.00	23	51.3	EQD	F	EC	Olivia Busby												105.0 kg	110.0 kg		110.0 kg	110.0 kg	82.5	0.97930	107.7230	1.000	107.7230	1	1	Best Equipped Female Deadlift		
T1	100.00	14	97.2	UNB	M	EC	Daniel Van Kempen												115.0 kg	120.0 kg	125.0 kg	125.0 kg	125.0 kg	140	0.56130	70.1625	1.000	70.1625	1	1	Best Unequipped Male Deadlift		
Jnr	82.50	22	79.4	UN	M	EC	Charles Stephens	8	145.0 kg	155.0 kg	160.0 kg	160.0 kg	5	95.0 kg	102.5 kg	110.0 kg	110.0 kg	167.5 kg	180.0 kg	190.0 kg	190.0 kg	460.0 kg	440	0.63640	292.7440	1.000	292.7440	2	1				
T1	100.00	14	97.2	UNB	M	EC	Daniel Van Kempen	8	102.5 kg	107.5 kg	112.5 kg	112.5 kg											112.5 kg	125	0.56130	63.1463	1.000	63.1463	1	1	Best Unequipped Male		
Open	58.50	34	58.4	EQB	F	SE	Alana Pash	3							65.0 kg			65.0 kg					65.0 kg	52.5	0.88000	57.2000	1.000	57.2000	1	1	Best Equipped Female		
Open	90.00	31	86.4	UN	M	EC	Mike Goldsmith	13	100.0 kg	105.0 kg	110.0 kg	110.0 kg	6	100.0 kg	105.0 kg	110.0 kg	110.0 kg	175.0 kg	185.0 kg	190.0 kg	190.0 kg	410.0 kg	320	0.60040	246.1640	1.000	246.1640	1	1				
M1	53.00	40	52.2	UNB	F	EM	Lucy Anderson	2							67.5 kg	70.0 kg	75.0 kg	70.0 kg					70.0 kg	37.5	0.96550	67.5850	1.000	67.5850	1	1	Best Unequipped Female		
M4	90.00	55	89.0	UNB	M	EC	Steve Allen								95.0 kg	102.5 kg	110.0 kg	102.5 kg					102.5 kg	105	0.58930	60.4033	1.250	75.5041	2	1			
Open	125.00	35	112.6	UN	M	EC	Jason Burchett	9	125.0 kg	130.0 kg	140.0 kg	140.0 kg	4	125.0 kg	130.0 kg	135.0 kg	130.0 kg	185.0 kg	190.0 kg	197.5 kg	197.5 kg	467.5 kg	585	0.53360	249.4580	1.000	249.4580	3	3				
T2	125.00	16	112.8	UN	M	EC	Ben Spicer	9	155.0 kg	165.0 kg	170.0 kg	170.0 kg	5	95.0 kg	105.0 kg	110.0 kg	110.0 kg	170.0 kg	185.0 kg	200.0 kg	200.0 kg	480.0 kg	427.5	0.53340	256.0320	1.000	256.0320	2	1				
M3	110.00	53	105.0	EQD	M	EC	Steve Van Kempen												180.0 kg	190.0 kg	200.0 kg	190.0 kg	190.0 kg	200	0.54370	103.3030	1.207	124.6867	1	1	Best Equipped Male Deadlift		
Jnr	67.50	22	65.8	UN	M	EC	Ronan Seal	7	152.5 kg	157.5 kg	162.5 kg	157.5 kg	4	75.0 kg	85.0 kg	97.5 kg	97.5 kg	190.0 kg	200.0 kg	205.0 kg	205.0 kg	460.0 kg	375	0.74290	341.7340	1.000	341.7340	1	1				
Open	145.00	30	131.4	UN	M	EC	Taran Jacob	10	175.0 kg	185.0 kg	195.0 kg	195.0 kg	5	120.0 kg	125.0 kg	127.5 kg	125.0 kg	190.0 kg	200.0 kg	210.0 kg	210.0 kg	530.0 kg	612.5	0.51330	272.0490	1.000	272.0490	1	1				
M1	125.00	43	122.6	UN	M	EC	Ray Arderton	10	190.0 kg	200.0 kg	210.0 kg	210.0 kg	5	130.0 kg	137.5 kg	140.0 kg	140.0 kg	200.0 kg	215.0 kg	220.0 kg	220.0 kg	570.0 kg	555	0.52420	298.7940	1.028	307.1602	1	1				
Open	82.50	38	81.6	UN	M	EC	Stephen Snowling	8	140.0 kg	150.0 kg	160.0 kg	150.0 kg	5	95.0 kg	100.0 kg	102.5 kg	102.5 kg	200.0 kg	222.5 kg	230.0 kg	222.5 kg	475.0 kg	490	0.62410	296.4475	1.000	296.4475	1	1				
Open	100.00	37	97.2	UNB	M	EC	Tim Clayden	10	170.0 kg	180.0 kg	185.0 kg	180.0 kg	5	115.0 kg	122.5 kg	125.0 kg	125.0 kg	215.0 kg	230.0 kg	240.0 kg	240.0 kg	545.0 kg	552.5	0.55600	303.0200	1.000	303.0200	3	3				
M3	90.00	53	87.8	UNB	M	EC	Lee Hyne								107.5 kg	115.0 kg	122.5 kg	122.5 kg					122.5 kg	110	0.59430	72.8018	1.207	87.8717	1	1	Best Unequipped male		
Open	100.00	25	99.0	UN	M	EC	Alex Cunningham	10	210.0 kg	210.0 kg	230.0 kg	230.0 kg	4	140.0 kg	145.0 kg	150.0 kg	150.0 kg	220.0 kg	240.0 kg	260.0 kg	260.0 kg	640.0 kg	552.5	0.55650	356.1600	1.000	356.1600	1	1	Best Unequipped male			
Jnr	100.00	22	93.0	UN	M	EC	Ryan Carlyn	10	200.0 kg	215.0 kg	225.0 kg	225.0 kg	6	100.0 kg	105.0 kg		100.0 kg	200.0 kg	260.0 kg	260.0 kg	260.0 kg	585.0 kg	497.5	0.57440	336.0240	1.000	336.0240	2	1	Best Unequipped male Powerlifter			
M1	125.00	41	125.0	UN	M	EC	Dougie Clark	10	197.5 kg	205.0 kg	205.0 kg	197.5 kg	5	135.0 kg	145.0 kg	145.0 kg	145.0 kg	210.0 kg	220.0 kg		220.0 kg	0.0 kg	555	0.52100	0.0000	1.005	0.0000	0	0				