

Official BDFPA Score Sheet (V13.6)

Date of Comp: 15/03/2020 Organiser: Alana Pash

2020 Southern Counties Full-power and Single Lifts Divisional - Bridge Road Barbell

British Record		European Record					World Record				MPF World Record				Divisional Record				Drug Tested				Calibrated Scales and Weights Used YES/NO						
Age Cat	Wt Class	Age	Body Weight	UN/ EQ	F/M	DIV	Name	RH	SQUAT				Best Squat	RH	BENCH				Best Bench	DEADLIFT				Best Deadlift	Total	QUALIFY REQ	Co eff.	Points	Best Lifter
									1st Lift	2nd Lift	3rd Lift	4th Lift			1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift						
M2	80.00	49	75.9	UN	F	SE	Helena Clarkcova	11	70.0 kg	72.5 kg	75.0 kg		75.0 kg	11	47.5 kg	52.5 kg	55.0 kg		52.5 kg	105.0 kg	112.5 kg	117.5 kg		117.5 kg	245.0 kg	255	0.71540	175.2730	
Open	63.00	31	62.6	UN	F	SC	Chelsea Brown	9	95.0 kg	105.0 kg	110.0 kg		110.0 kg	9	47.5 kg	50.0 kg	52.5 kg		52.5 kg	100.0 kg	105.0 kg	110.0 kg		105.0 kg	267.5 kg	235	0.83130	222.3728	
T1	60.00	14	56.4	UN	M	SC	Edward Hopkins	9	80.0 kg	87.5 kg	95.0 kg		95.0 kg	9	40.0 kg	45.0 kg	47.5 kg		45.0 kg	115.0 kg	122.5 kg	127.5 kg		127.5 kg	267.5 kg	245	0.86800	232.1900	
M1	55.50	40	55.4	UN	F	SE	Lisa Gilbert	8	90.0 kg	95.0 kg	100.0 kg		100.0 kg	8	55.0 kg	60.0 kg	62.5 kg		60.0 kg	120.0 kg	127.5 kg	132.5 kg		132.5 kg	292.5 kg	200	0.92080	269.3340	Best Unequipped Female Powerlifter
Jnr	63.00	23	60.6	UN	F	WAL	Tamara Bell	9	120.0 kg	130.0 kg	130.0 kg		130.0 kg	9	45.0 kg	50.0 kg	50.0 kg		45.0 kg	120.0 kg	127.5 kg	135.0 kg		127.5 kg	302.5 kg	212.5	0.85320	258.0930	
T2	67.50	16	63.2	UN	M	SC	Ollie Doble	9	80.0 kg	85.0 kg	90.0 kg		90.0 kg	9	70.0 kg	75.0 kg	77.5 kg		77.5 kg	137.5 kg	145.0 kg	150.0 kg		150.0 kg	317.5 kg	305	0.77170	245.0148	
M3	90.00	54	87.3	UN	F	WM	Ruth Bird	10	110.0 kg	117.5 kg	120.0 kg		120.0 kg	10	55.0 kg	57.5 kg	60.0 kg		60.0 kg	137.5 kg	145.0 kg	150.0 kg		150.0 kg	330.0 kg	262.5	0.64530	212.9490	
Open	80.00	37	76.1	UN	F	SE	Tessa Clark	9	100.0 kg	115.0 kg	125.0 kg		125.0 kg	9	52.5 kg	57.5 kg	60.0 kg		57.5 kg	125.0 kg	137.5 kg	150.0 kg		150.0 kg	332.5 kg	282.5	0.71410	237.4383	
Jnr	67.50	20	66.6	UN	M	SE	Daniel Pink	10	120.0 kg	127.5 kg	135.0 kg		135.0 kg	10	85.0 kg	90.0 kg	100.0 kg		90.0 kg	145.0 kg	155.0 kg	167.5 kg		145.0 kg	370.0 kg	375	0.73470	271.8390	
M2	90.00	46	89.8	UNB	M	SE	Bogdan Tighineanu							12	135.0 kg	140.0 kg	145.0 kg		145.0 kg						145.0 kg	115	0.58610	84.9845	Best Unequipped Male Bench (Masters)
T2	75.00	17	72.4	UN	M	SC	Monty Moberly	11	125.0 kg	130.0 kg	135.0 kg		130.0 kg	11	67.5 kg	72.5 kg	77.5 kg		72.5 kg	180.0 kg	190.0 kg	200.0 kg		190.0 kg	392.5 kg	335	0.68350	268.2738	
T2	110.00	16	107.0	UN	M	SE	Harry Burt	10	135.0 kg	140.0 kg	147.5 kg		140.0 kg	12	65.0 kg	67.5 kg	72.5 kg		67.5 kg	172.5 kg	182.5 kg	187.5 kg		187.5 kg	395.0 kg	417.5	0.54050	213.4975	
T3	90.00	19	83.0	UN	M	SC	Frazer Peppitt	9	130.0 kg	142.5 kg	150.0 kg		150.0 kg	10	90.0 kg	100.0 kg	102.5 kg		100.0 kg	165.0 kg	175.0 kg	185.0 kg		175.0 kg	425.0 kg	420	0.61670	262.0975	
Jnr	100.00	21	93.2	UN	M	SE	Ben Fell	12	140.0 kg	150.0 kg	155.0 kg		155.0 kg	11	95.0 kg	100.0 kg	102.5 kg		100.0 kg	170.0 kg	190.0 kg	200.0 kg		190.0 kg	445.0 kg	497.5	0.57370	255.2965	
Open	82.50	30	79.6	UN	M	SC	James Peppitt	8	150.0 kg	162.5 kg	167.5 kg		167.5 kg	9	110.0 kg	115.0 kg	120.0 kg		115.0 kg	165.0 kg	172.5 kg	180.0 kg		180.0 kg	462.5 kg	490	0.63520	293.7800	
T2	125.00	16	118.0	UN	M	SC	Jayden Lockyer	12	155.0 kg	160.0 kg	170.0 kg		160.0 kg	11	80.0 kg	85.0 kg	90.0 kg		90.0 kg	210.0 kg	225.0 kg	240.0 kg		240.0 kg	490.0 kg	427.5	0.52880	259.1120	
Jnr	75.00	22	73.8	UN	M	SC	Kieran Drysdale	9	157.5 kg	167.5 kg	172.5 kg		167.5 kg	9	115.0 kg	117.5 kg	117.5 kg		117.5 kg	195.0 kg	205.0 kg	210.0 kg		205.0 kg	490.0 kg	412.5	0.67300	329.7700	
M3	125.00	50	110.2	UN	M	SE	Steve Laurence	13	145.0 kg	160.0 kg	170.0 kg		170.0 kg	12	135.0 kg	150.0 kg	150.0 kg		150.0 kg	200.0 kg	200.0 kg	210.0 kg		200.0 kg	520.0 kg	500	0.53620	278.8240	Best Unequipped Male Powerlifter
Jnr	75.00	22	73.6	UN	M	SC	George Sandoe	9	172.5 kg	185.0 kg	195.0 kg		195.0 kg	9	110.0 kg	117.5 kg	122.5 kg		122.5 kg	195.0 kg	210.0 kg	220.0 kg		220.0 kg	537.5 kg	412.5	0.67450	362.5438	
Open	90.00	37	84.8	UN	M	SC	Matt Hull	10	205.0 kg	205.0 kg	212.5 kg		205.0 kg	10	115.0 kg	117.5 kg	122.5 kg		117.5 kg	212.5 kg	220.0 kg	227.5 kg		220.0 kg	542.5 kg	520	0.60780	329.7315	

Refs
 Steve Van Kempen
 Steve Baldock
 Joshua Batterham
 Alana Pash

Loaders