

Official BDFPA Score Sheet (V13.6)

Date of Comp: 18/01/2020 Organiser: Hana Vacova, S.W.T.C. Lower Hampton Road, Sunbury on Thames, TW16 5PS

Dean Mikozz Memorial - South Eastern Qualifier - Full Power and Single lift

Division		British Record		European Record			World Record				MPF World Record				Divisional Record				Drug Tested				Calibrated Scales and Weights Used YES/NO										
FLT	Age Cat	Wt Class	Age	Body Weight	UN/ EQ	F/M	DIV	Name	SQUAT				BENCH				DEADLIFT				Total	QUALITY REQ	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter				
									1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift													
1	M9	75.00	80	73.0	UNB	M		Bill Legg					62.5 kg	67.5 kg	70.0 kg									67.5 kg	57.5	0.67890	45.8258	2.100	96.2341	1	1	Best Unequipped Male	
1	M9	75.00	80	73.0	UNS	M		Bill Legg	82.5 kg	85.0 kg	87.5 kg												87.5 kg	82.5	0.67890	59.4038	2.100	124.7479	1	1			
2	Open	90.00	32	89.2	UN	M		Daniel Harris	245.0 kg	260.0 kg			140.0 kg	150.0 kg	160.0 kg		260.0 kg	275.0 kg	290.0 kg					695.0 kg	520	0.58850	409.0075	1.000	409.0075	1	1	Best Unequipped male Deadlift	
2	Open	#####	38	99.5	UN	M		Jacek Szast	200.0 kg	210.0 kg			130.0 kg	135.0 kg			240.0 kg	266.0 kg	266.0 kg					580.0 kg	552.5	0.55530	322.0740	1.000	322.0740	1	1		
2	M4	90.00	55	89.9	UN	M		Mark Tucker	185.0 kg	200.0 kg			120.0 kg	130.0 kg	130.0 kg		225.0 kg	230.0 kg					550.0 kg	425	0.58570	322.1350	1.250	402.6688	5	1			
2	Open	90.00	36	88.8	UN	M		Maxwell Herd	200.0 kg	225.0 kg	235.0 kg		100.0 kg	120.0 kg	135.0 kg		200.0 kg	220.0 kg	231.0 kg					600.0 kg	520	0.59010	354.0600	1.000	354.0600	3	3		
1	M2	47.50	45	45.7	UND	F		Michelle Ryder									65.0 kg	70.0 kg	80.0 kg					80.0 kg	70	1.07500	86.0000	1.060	91.1600	1	1	Best Unequipped Female Deadlift	
2	Open	90.00	30	87.0	UN	M		Patrick Cross	187.5 kg	200.0 kg	212.5 kg		132.5 kg	137.5 kg	142.5 kg		212.5 kg	225.0 kg	235.0 kg					590.0 kg	520	0.59780	352.7020	1.000	352.7020	4	4		
1	M2	67.50	49	67.5	EQ	M		Paul Rutherford	180.0 kg	202.5 kg	202.5 kg		120.0 kg	130.0 kg	140.0 kg		190.0 kg	202.5 kg	210.0 kg					512.5 kg	412.5	0.72580	371.9725	1.132	421.0729	1	1	Best equipped male	
2	M2	#####	45	96.4	EQ	M		Richard John	270.0 kg	290.0 kg	300.0 kg		170.0 kg	180.0 kg	190.0 kg		255.0 kg	270.0 kg	270.0 kg					725.0 kg	547.5	0.56360	408.6100	1.060	433.1266	1	1	Best equipped male	
1	Jnr	82.50	22	80.6	EQD	M		Ryan Rutherford									215.0 kg	230.0 kg	240.0 kg	250.0 kg					240.0 kg	182.5	0.62950	151.0800	1.000	151.0800	1	1	Best equipped male
1	Open	63.00	39	62.5	UN	F		Sonia Perez Baeza	80.0 kg	90.0 kg	95.0 kg		60.0 kg	65.0 kg	71.0 kg		120.0 kg	130.0 kg	135.0 kg					300.0 kg	235	0.83130	249.3900	1.000	249.3900	1	1	Best one equipped female	
2	M5	#####	64	90.5	EQS	M		Terry Jax	180.0 kg	200.0 kg														200.0 kg	165	0.58340	116.6800	1.501	175.1367	1	1	Best equipped male squat	
2	Open	#####	35	99.5	UNB	M		Terry Matthews					135.0 kg	150.0 kg	160.0 kg									160.0 kg	135	0.55530	88.8480	1.000	88.8480	1	1	Best one equipped male	
1	M4	70.00	57	68.0	UNB	F		Trisha Forbes					35.0 kg	37.5 kg	40.0 kg									40.0 kg	40	0.77370	30.9480	1.297	40.1396	1	1	Best one equipped female Bench	
2	Jnr	90.00	22	83.9	UN	M		William King	180.0 kg	190.0 kg	205.0 kg		125.0 kg	132.5 kg	140.0 kg		240.0 kg	260.0 kg	280.0 kg					617.5 kg	467.5	0.61220	378.0335	1.000	378.0335	2	1		
1	Open	75.00	25	72.2	UN	M		William Taylor	140.0 kg	155.0 kg	160.0 kg		110.0 kg	115.0 kg	122.5 kg		200.0 kg	220.0 kg	232.5 kg					515.0 kg	457.5	0.68510	352.8265	1.000	352.8265	1	1		

Refs

Alana Pash
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