

Official BDFPA Score Sheet (V13.7)

Date of Comp: 19th January 2020

Organiser: Richard Bremner

South West January Qualifier - Synergy Barbell - Weston-super-Mare

British Record		European Record					World Record			MPF World Record				Divisional Record				Drug Tested				Calibrated Scales and Weights Used YES					
Age Cat	Wt Class	Age	Body Weight	UN/EQ	F/M	DIV	Name	SQUAT				BENCH				DEADLIFT				Total	QUALIFY REQ	Co eff.	Points	Place Class	Place Cat	Best Lifter	
								1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift								
Open	90.00	29	89.6	EQ	M		Jamie Skinner	220.0 kg	220.0 kg	220.0 kg		160.0 kg	160.0 kg	160.0 kg		pass	pass	pass		0.0 kg	572.5	0.58690	0.0000		0	0	
Jnr	110.00	22	107.8	EQ	M		Chris Hyam	230.0 kg	245.0 kg	270.0 kg		140.0 kg	150.0 kg	160.0 kg		245.0 kg	270.0 kg	280.0 kg		700.0 kg	565	0.53930	377.5100	1	1		Best Equipped Male Powerlifter
Open	58.50	34	57.6	UN	F		Switri Kaur	90.0 kg	95.0 kg	100.0 kg		45.0 kg	50.0 kg	55.0 kg		100.0 kg	110.0 kg	115.0 kg		270.0 kg	220	0.89020	240.3540	1	1		
Open	63.00	29	59.8	UN	F		April Lloyd	90.0 kg	95.0 kg	95.0 kg		45.0 kg	47.5 kg	50.0 kg		95.0 kg	100.0 kg	105.0 kg		242.5 kg	235	0.86280	209.2290	1	1		
Open	67.50	26	66.8	UN	M		Jordan Wilson	175.0 kg	185.0 kg	190.0 kg		100.0 kg	107.5 kg	112.5 kg		195.0 kg	205.0 kg	212.5 kg		515.0 kg	417.5	0.73270	377.3405	1	1		Best Unequipped Male Powerlifter
Open	70.00	29	68.4	UN	F		Hannah Howell	115.0 kg	125.0 kg	130.0 kg		70.0 kg	75.0 kg	77.5 kg		157.5 kg	165.0 kg	167.5 kg		372.5 kg	257.5	0.77050	287.0113	1	1		Best Unequipped Female Powerlifter
M2	70.00	46	70.0	UN	F		Femi Robinson	95.0 kg	105.0 kg	110.0 kg		67.5 kg	70.0 kg	72.5 kg		150.0 kg	160.0 kg	165.0 kg		345.0 kg	232.5	0.75810	261.5445	2	1		
Open	70.00	29	67.0	UN	F		Charlie Bremner	95.0 kg	100.0 kg	102.5 kg		57.5 kg	60.0 kg	62.5 kg		130.0 kg	140.0 kg	150.0 kg		310.0 kg	257.5	0.78370	242.9470	3	3		
M2	70.00	47	66.8	UN	F		Rachel Walker	90.0 kg	90.0 kg	95.0 kg		50.0 kg	55.0 kg	57.5 kg		110.0 kg	120.0 kg	130.0 kg		282.5 kg	232.5	0.78570	221.9603	4	2		
M5	75.00	63	71.2	UN	M		Tommy Meredith	160.0 kg	170.0 kg	175.0 kg		110.0 kg	115.5 kg	117.5 kg		185.0 kg	195.0 kg	202.5 kg		487.5 kg	355	0.69310	337.8863	1	1		Best Unequipped Male Powerlifter (Masters)
T2	75.00	17	74.8	UN	M		Tom Currell	132.5 kg	142.5 kg	147.5 kg		87.5 kg	93.0 kg	97.5 kg		165.0 kg	172.5 kg	177.5 kg		417.5 kg	335	0.66590	278.0133	2	1		
T3	75.00	19	72.6	UN	M		Joseph Fitzcosta-Allison	140.0 kg	150.0 kg	155.0 kg		85.0 kg	92.5 kg	98.0 kg		145.0 kg	160.0 kg	165.0 kg		412.5 kg	372.5	0.68200	281.3250	3	1		
M4	75.00	58	74.4	UN	M		Mark Wilson	120.0 kg	132.5 kg	140.0 kg		87.5 kg	92.5 kg	95.0 kg		160.0 kg	160.0 kg	170.0 kg		385.0 kg	372.5	0.66870	257.4495	4	1		
T2	75.00	17	72.4	UN	M		Brody Frost	105.0 kg	110.0 kg	115.0 kg		75.0 kg	80.0 kg	82.5 kg		160.0 kg	170.0 kg	180.0 kg		367.5 kg	335	0.68350	251.1863	5	2		
M2	80.00	49	78.4	UN	F		Amelia Allen	120.0 kg	130.0 kg	140.0 kg		85.0 kg	90.0 kg	97.5 kg		147.5 kg	155.0 kg	162.5 kg		400.0 kg	255	0.69880	279.5200	1	1		Best Unequipped Female Powerlifter (Masters)
T2	80.00	17	71.6	UN	F		Cerys Davies	65.0 kg	70.0 kg	72.5 kg		45.0 kg	47.5 kg	50.0 kg		85.0 kg	92.5 kg	97.5 kg		212.5 kg	207.5	0.74600	158.5250	2	1		
Open	80.00	29	71.0	UN	F		Hannah Langkamer	60.0 kg	65.0 kg	70.0 kg		25.0 kg	27.5 kg	30.0 kg		75.0 kg	85.0 kg	95.0 kg		195.0 kg	282.5	0.75050	146.3475	3	3		
Open	82.50	28	81.5	UN	M		Jonathan Clarke	185.0 kg	195.0 kg	200.0 kg		100.0 kg	105.0 kg	110.0 kg		227.5 kg	240.0 kg	250.0 kg		550.0 kg	490	0.62450	343.4750	1	1		
Open	82.50	27	75.4	UN	M		Johnathan Richards	165.0 kg	167.5 kg	167.5 kg		110.0 kg	117.5 kg	122.5 kg		190.0 kg	200.0 kg	210.0 kg		500.0 kg	490	0.66170	330.8500	2	2		
M4	82.50	59	82.5	UN	M		Mark Edwards	155.0 kg	165.0 kg	170.0 kg		130.0 kg	135.5 kg	140.0 kg		140.0 kg	150.0 kg	160.0 kg		465.0 kg	400	0.61930	287.9745	3	1		
Jnr	90.00	23	81.4	UN	F		Sophie Mitchell	112.5 kg	112.5 kg	112.5 kg		55.0 kg	60.0 kg	65.0 kg		120.0 kg	130.0 kg	135.0 kg		302.5 kg	275	0.67980	205.6395	1	1		
M2	90.00	46	83.4	UN	M		Stefan Shesher	175.0 kg	185.0 kg	195.0 kg		115.0 kg	115.0 kg	122.5 kg		230.0 kg	240.0 kg	245.0 kg		557.5 kg	470	0.61470	342.8953	1	1		
Open	90.00	35	89.2	UN	F		Krysa Haslewood	95.0 kg	95.0 kg	95.0 kg		45.0 kg	50.0 kg	50.0 kg		97.5 kg	105.0 kg	115.0 kg		260.0 kg	305	0.63500	165.1000	2	2		
Open	90.00	37	87.4	UN	M		Lee Macconnachie	175.0 kg	185.0 kg	190.0 kg		125.0 kg	135.0 kg	140.0 kg		210.0 kg	220.0 kg	230.0 kg		545.0 kg	520	0.59600	324.8200	2	2		
Open	100.00	36	99.6	UN	M		Jon Bartlett	180.0 kg	185.0 kg	190.0 kg		125.0 kg	132.5 kg	135.0 kg		220.0 kg	227.5 kg	227.5 kg		552.5 kg	552.5	0.55500	306.6375	1	1		
Open	100.00	33	97.2	UN	M		Jaroslav Sikora	170.0 kg	185.0 kg	195.0 kg		110.0 kg	120.0 kg	125.0 kg		200.0 kg	210.0 kg	220.0 kg		535.0 kg	552.5	0.56130	300.2955	2	2		
M1	100.00	42	96.6	UN	M		Phil Robson	180.0 kg	200.0 kg	210.0 kg		90.0 kg	90.0 kg	102.5 kg		220.0 kg	230.0 kg	pass		510.0 kg	525	0.56300	287.1300	3	1		
T3	100.00	18	98.0	UN	M		Alister Edwards	150.0 kg	155.0 kg	160.0 kg		105.0 kg	110.0 kg	112.5 kg		185.0 kg	190.0 kg	192.5 kg		465.0 kg	447.5	0.55910	259.9815	4	1		
M3	110.00	52	105.0	UN	M		Stephen Sprange	230.0 kg	250.0 kg	260.0 kg		130.0 kg	140.0 kg	150.0 kg		260.0 kg	280.0 kg	290.0 kg		680.0 kg	490	0.54370	369.7160	1	1		
Open	110.00	30	107.4	UN	M		Thomas Ward	215.0 kg	227.5 kg	232.5 kg		120.0 kg	127.5 kg	132.5 kg		220.0 kg	230.0 kg	240.0 kg		590.0 kg	570	0.53990	318.5410	2	2		
Open	110.00	28	105.4	UN	M		John Horrill	185.0 kg	190.0 kg	190.0 kg		145.0 kg	150.0 kg	152.5 kg		220.0 kg	227.5 kg	232.5 kg		570.0 kg	570	0.54310	309.5670	3	3		
M1	90+	42	112.4	UN	F		Khishaunne (keyz) Yee	100.0 kg	110.0 kg	120.0 kg		67.5 kg	70.0 kg	75.0 kg		150.0 kg	165.0 kg	172.5 kg		362.5 kg	310	0.56630	205.2838	1	1		

Refs

Richard Bremner (Nat)  
 Russell Martin (Int)  
 Mark Rattenberry (Nat)  
 Joanna Barwell (Nat)

Loaders

Lewis Brian  
 Ash Cutter  
 Lewis Jones  
 Josh Needs